

Resource List

Updated 02/07/2024

BETA GAMMA KAPPA
SFCC HONOR SOCIETY

Substance Abuse:

[Frontier Behavioral Health](#)

(509) 838-4651

[Spokane Treatment and Recovery](#)

105 W 3rd Ave (509) 570-7250

[Compassionate Addiction Treatment](#)

112 E 1st Ave (509) 919-3362

[Inland NW Behavioral Health](#)

104 W 5th Ave (509) 992-1888

Shelter(s):

[House of Charity](#)

32 W Pacific Ave (509) 624-7821

[Hope House for Women](#)

318 S Adams St (509) 816-1669

[Union Gospel Mission](#)

Men's Shelter –

1224 E Trent Ave (509) 535-8510

Women and Children Shelter -

1515 E Illinois Ave (509) 535-0486

[Cannon Street Shelter](#)

527 S Cannon (208) 449-1210 ext. 4

* Domestic Abuse (emergency):

[YFA Connections Crisis Res. Center](#)

(509) 624-2868

[YWCA Spokane](#)

509) 326-1190 (24/7)

[Spokane Family Justice Center](#)

(509)326-2255 (24/7)

Abuse and Neglect:

Child Abuse Hotline (800) 422-4453

National Domestic Violence Hotline

(800) 799-7233

Missing and Exploited Children Hotline

(800) 843-5678

Mental Health Crisis

[National Hopeline Network](#)

1-800-784-2433 (1-800-SUICIDE)

[TREVOR PROJECT](#) (gay/questioning youth)

1-866-488-7386 TEXT 678-678

[Teen Line](#) (teen support)

800-852-8336 Nationwide 6PM-10PM PST

Text TEEN to 839863 between 6PM-9PM PST

[Suicide and Crisis Lifeline](#)

988

Text HOME to 741741 to reach a trained Crisis Counselor through the Crisis Text Line, Free 24/7, Confidential.

Food Pantries:

[Valley Food Bank](#)

10814 E Broadway Ave, Spokane, WA 99206

(509) 927-1153

[Salvation Army Foodbank](#)

222 E Indiana Ave (509) 325-6810

[Second Harvest Foodbank](#)

1234 E Front Ave (509) 534-6678

[Southside Food Pantry](#)

2937 E 27th Ave (509) 535-2301

[Women and Childrens Free Restaurant](#)

[and Community Kitchen](#) (Curbside)

1408 N Washington St (509) 324-1995

Sexual Assault:

Rape, Abuse, Incest, National Network

(1-800-656-HOPE) or 1-800-656-4673

Sexual Abuse- Stop it Now!

1-888-PREVENT

Love is Respect (866-331-9474)

Safe Helpline: Sexual Assault Support

(877-995-5247)

Disability Accommodations:

[The Advocate Group](#) (877) 261-1947

[Joya](#) (509) 326-1651