


COMMUNITY AND CAMPUS RESOURCE DIRECTORY 2024



Community Colleges of Spokane
Spokane Falls Community College

TABLE OF CONTENTS

	CAMPUS INFORMATION	4-7
	<i>Restrooms</i>	4
	<i>Campus Contacts</i>	5
	<i>Emergency</i>	6
	<i>Guided Pathway Specialists</i>	7
	FOOD	8
	CLOTHING	9
	SHELTERS	10
	HOUSING SUPPORT	11
	HEALTH	12
	CHILD CARE	13
	TRANSPORTATION / AUTOMOTIVE	14
	SFCC-PULLMAN RESOURCES . . .	16
	RESTROOMS	19
	SFCC MAP	BACK COVER



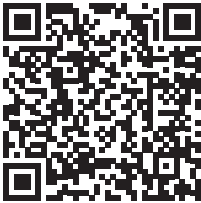
IMPORTANT CAMPUS LINKS



STUDENT AFFAIRS

For a list of all campus departments and contact information, please scan the link for the directory or go to:

sfcc.spokane.edu/Student-Affairs

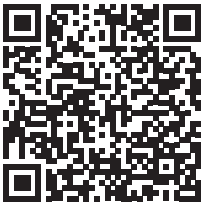


ACADEMIC COUNSELING

Would you like to know which classes you need to take and when you should take them?

Scan the QR code to learn more or go to:

sfcc.spokane.edu/Counseling



CONTACT ACADEMIC COUNSELORS

Set up an appointment!

Scan the QR code,

call us at 509.533.3523, or go to:

sfcc.spokane.edu/Counseling/Contact-Us



MENTAL HEALTH COUNSELING

The Counseling Center is here to help you maintain your mental health and provide you with useful resources. Call 509.533.3525 or go to:

sfcc.spokane.edu/Mental-Health



IMPORTANT CAMPUS CONTACTS

Equity, Diversity and Inclusion Center (EDI)

Gateway, Building 30, Room 115

WorkForce Transitions

Library, Building 2, Room 103

509.533.3042

sfcc.workforcedevelopment@sfcc.spokane.edu

Disability Access Services (DAS)

Gateway, Building 30, Room 104

509.533.4166

sfcc.das@sfcc.spokane.edu

MOSAIC / Multicultural and LGBTQ+ Student Center

Student Union Building, Building 17 — Room 131 & 125

509.533.4331

sfcc.mosaic@sfcc.spokane.edu

Financial Aid

Student Union Building, Building 17, Second Floor

509.533.3550

sfcc.finaid@sfcc.spokane.edu

Computer and Hotspot Check-Out

Library, Building 2, Room 003-A

509.533.3805

Please have your Student ID

Library Support

Library, Building 2

509.533.3818

Course Reserve or study rooms may be available upon request

(Please check with a Librarian to find out more)

Spokane Falls Counseling Center

Gateway, Building 30 — Second Floor

509.533.3525



EMERGENCY NUMBERS

Title IX Anti-Discrimination & Sexual Assault

509.533.3514

SFCC Mental Health Counseling

509.533.3525

24-hour Regional Mental Health Crisis Line

1.877.266.1818

Suicide Prevention

Dial 988

Sexual Assault 24-Hour Support Line:

(Call or Text) 509.624.7273

Call 211 to get immediate help at the starting point of homelessness.

CrimeCheck

509.456.2233

National Alliance on Mental Illness Helpline (NAMI)

1.800.950.6264

National Deaf Domestic Violence Hotline

1.855.812.1001

Video calls are available.

National Child Abuse Hotline

1.800.422.4453

National Domestic Violence Hotline

1.800.799.7233

ON CAMPUS

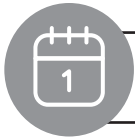
SFCC Campus Security

For immediate emergencies please first call 911

Located in Building 16

24-Hour Security Assistance: 509.533.3333

SFCC Campus Security Office: 509.533.3555



HOW TO FIND A GUIDED PATHWAY SPECIALIST (GPS)

Guided Pathway Specialist are there to help students navigate all aspects to obtaining an education in their specific field or program.

Heather Bellerud – Visual, Performing and Applied Arts



Heather.Bellerud@sfcc.spokane.edu
Office 15-106
calendly.com/heather-bellerud-sfcc

Suzie Heimbigner – Humanities and Social Science AA-DTA



Suzie.Heimbigner@sfcc.spokane.edu
Office 24-108C
calendly.com/suzie-heimbigner

Mapuana Carey – Health



Mapuana.Carey@sfcc.spokane.edu
Office 19-106
calendly.com/mapuana-carey

Jamie Southwell – Business



Jamie.Southwell@sfcc.spokane.edu
Office 24-125
calendly.com/jamie-southwell

Leah Ruiz – Education, Social and Behavioral Sciences



Leah.Ruiz@sfcc.spokane.edu
Office 16-133D
calendly.com/leah_ruiz_sfcc

Vicki Moore – STEM



Vicki.Moore@sfcc.spokane.edu
Office 28-115
calendly.com/vicki-moore-sfcc



FOOD

2ND HARVEST FOOD BANK

509.534.6678

1234 E. Front Ave. Spokane, WA 99202

Days & Hours vary by location; some by appointment only.

Call for more information.

FREE! The following food pantries are part of the Second Harvest Food Bank of the Inland Northwest. Provides emergency food to families.

Most food pantries require picture identification, current proof of address, and identification for all household members. Must be over 18 years old. Some agencies may also have non-food essentials.

AIRWAY BAPTIST CHURCH

509.244.2474, 12322 Sunset Hwy

AMERICAN INDIAN COMMUNITY CENTER

509.535.0886, 1025 W. Indiana — Better Living Center

509.325.1258, 25 E. North Foothills Drive

CITY GATE

509.455.9670, 170 S. Madison

GREENHOUSE

509.276.6897, 211 N. Fir, Deer Park

MEAD FOOD PANTRY

509.466.7068, 12611 N. Wilson, Mead

MEDICAL LAKE FOOD BANK

509.299.3819, 207 S. Washington, Medical Lake

NUESTRAS RAICES-COSECHANDO ESPERANZA HISPANIC FOOD PANTRY

509.389.6205, 1214 E. Sprague Ave., 99202

OUR PLACE / FRESH MARKET

509.326.7267, 1509 W. College Ave.

ON CAMPUS

SKITCH'S FOOD PANTRY

You must be currently enrolled at SFCC. You need your current student ID.
You may use the food pantry up to three times per quarter.

Hours: 8:30am - 3:30pm, Monday-Friday

Hours might vary depending on the quarter.

Location: SFCC Bldg. 17, Rm 107A • 509.533.4198

Online Ordering: bit.ly/skitch-food-pantry-form



CLOTHING / HYGIENE PRODUCTS

MISSION COMMUNITY OUTREACH CENTER

Provide clothing, housewares and hygiene items to families and individuals every 60 days. Every 30 days families can receive infant care items such as diapers and wipes for infants through age 4.

All of our services are FREE and ID is not required.

Hours: Monday: 1-4pm, Wednesday 10am-1pm, Thursday 1-4pm

1906 E. Mission Ave. Spokane, WA 99202

509.536.1084

SERVE SPOKANE

Provides clothing and food to individuals and families in need.

Hours: Tuesdays 1:00-2:30pm, Thursdays 1:00-3:30pm,

2nd & 4th Saturdays of each month 9:00am-11:30pm

8303 N. Division St. Spokane, WA 99208

509.998.5722

RESOURCE CENTER OF SPOKANE COUNTY

Has a clothing closet and other basic needs support.

Hours: Monday-Friday, 8am-4pm

130 S. Arthur St. (Second Floor) Spokane, WA 99202

509.867.8188

— continued on next page

OUR SISTER'S CLOSET

Our Sister's Closet offers 90 minute appointments focused on outfitting a client with items to help them feel beautiful, boost confidence, and support achievement of personal and professional goals. On average, each client receives between 3 to 5 outfits, plus shoes, makeup, accessories, and personal hygiene products, as they are available.

SCHEDULE AN APPOINTMENT —

Call 509.326.1190 on Friday mornings between 9:00am and Noon to schedule an appointment for the following week.

Note: due to our limited capacity, calls received outside this time frame will not be returned. Free on-site childcare is available upon request. Please communicate this need during scheduling.

YWCA Spokane, 930 N. Monroe St, Spokane, WA 99201

ON CAMPUS

MOSAIC CLOTHING CLOSET

Clothing Closet for students.

By appointment only

Building 30, Room 115

509.533.3931 or 509.533.4331



SHELTERS

YOUNG ADULT SHELTER (SERVES 18-24)

Check-In Time: 7:30am-11:00pm

3104 E. Augusta Ave. Spokane, WA 99207

509.990.0519

UGM MEN'S SHELTER

Check-In Time: 7am-10pm

1224 E. Trent Ave. Spokane, WA 99202

509.535.8510, X1

HOPE HOUSE WOMEN'S SHELTER

Check-In Time: 5:30pm - 2:00am

Call starting 8:00am to be placed on waitlist.

Check-In starts at 5:30pm based on waitlist order.

318 S. Adams Spokane, WA 99201

509.816.1669

UGM CRISIS SHELTER FOR WOMEN AND CHILDREN

Check-In Time: 6am - 9pm

Women with Children can check in 24 hours a day.

Single Women can check in from 6am - 9pm.

We are also open to Veterans. All beds are based on availability

1515 E. Illinois Ave. Spokane, WA 99207

509.535.0486

FAMILY PROMISE OPEN DOORS

(Families with Minor children)

Check-in time: Call before checking in.

2002 E. Mission Ave. Spokane, WA 99202

509.723.4663



HOUSING SUPPORT

SPOKANE NEIGHBORHOOD ACTION PARTNERS (SNAP)

Helps meet basic needs for housing.

3102 W. Whistalks Way, Spokane, WA 99224

509.456.7627

VOLUNTEERS OF AMERICA (VOA)

Helps meet basic needs for housing for students under 24 years old.

525 W. Second Ave. Spokane, WA 99201

509.624.2378

— continued on next page

SPOKANE HOUSING AUTHORITY

We help people with low incomes get access to safe, healthy, affordable homes so that they live better, healthier and more satisfying lives.

25 W. Nora Spokane, WA 99205

509.328.2953

RESOURCE CENTER OF SPOKANE COUNTY

Has a clothing closet and other basic needs support.

Hours: Monday-Friday 8am-4pm

130 S. Arthur St. (Second Floor) Spokane, WA 99202

509.867.8188

ON CAMPUS

SUPPORTING STUDENTS EXPERIENCING HOMELESSNESS

Supporting Students Experiencing Homelessness (SSEH) is for any actively enrolled student experiencing homelessness or at immediate risk of homelessness as defined by McKinney Vento Act.

Scan the QR code below to fill out the SSEH form or visit our website to find more info: sfcc.spokane.edu/Specially-Funded-Programs

Students who qualify may be eligible for:

- One-time deposit assistance, eviction prevention and crisis mitigation funding as funds are available
- Laundry services
- Access to shower and personal hygiene referrals to community housing support providers



HEALTH/MENTAL HEALTH

CHAS MAPLE STREET CLINIC MEDICAL, DENTAL & COUNSELING

Language services and insurance help available.

Hours: Monday-Friday 7:30am-6:00pm, Saturday 8:00am-5:00pm

3919 N. Maple St. Spokane, WA 99205

509.444.8200

LUTHERAN COMMUNITY SERVICES NORTHWEST

Hours: Mon-Thurs 8am-5pm, Fri 8:30am-3:00pm
210 W. Sprague Ave, Spokane, WA 99201-3627
509.747.8224

FRONTIER BEHAVIORAL HEALTH

Hours: Monday-Friday 8am-5pm
107 S. Division St, Spokane, WA 99202
509.838.4651, Toll-free crisis line 1.877.266.1818
*Accepts crisis walk-ins, no insurance or payment required. Only accepts Medicaid for non-crisis.

PSYCHOLOGY TODAY

*Use this website below to find providers. You can search by insurance provider and see if they offer a sliding scale based on income.
psychologytoday.com/us/therapists/wa/spokane

ON CAMPUS

STUDENT HEALTH CLINIC

FREE or low-cost health care available to all enrolled students.
Hours: Monday-Friday 9am-2pm
SCC Campus, Building 07, Room 118 (1810 N Greene St)
509.533.8611



MENTAL HEALTH COUNSELING

Available to all enrolled students.
Drop-in hours: Mondays 8:30am-3:00pm, Fridays 9am-12pm
Gateway, Building 30, Second Floor
509.533.3525



CHILDCARE/SERVICES

VANESSA BEHAN

Provides 24/7, short-term respite care for children ages 0-6. Offers parenting classes and support services including diaper and formula assistance.
2230 E. Sprague Ave. Spokane, WA 99202
509.535.3155

ST. ANNE'S CHILDREN & FAMILY CENTER

Offers childcare, experiences and curriculum for ages 1-12 months.

25 W. 5th, Spokane, WA 99202

509.232.1111

WOMEN, INFANTS, & CHILDREN NUTRITION PROGRAM (WIC)

WIC is a place where families like yours can get healthy food and a lot more.

WIC is for pregnant people, new and breastfeeding moms, and children under 5.

WIC helps improve the health of mothers and children through:

Nutrition education, breastfeeding support, healthy foods,
health screenings and referrals.

1603 N. Belt St Spokane, WA 99205

509.323.7497

ON CAMPUS

HEADSTART / EARLY CHILDHOOD EDUCATION AND ASSISTANCE PROGRAM (ECEAP)

Works with low-income families/students with children so they can find support and success in getting their children off to a great beginning.

(Infant/Toddler/Preschool)

3410 W. Whistalks Way, Bldg 29, Spokane, WA 99224

509.533.3624



TRANSPORTATION/AUTOMOTIVE

Remember — Your Student ID is your Bus Pass!

Visit the Print Shop in the Lower Level of the SFCC Library to get your student ID and bus pass.

Hours: Monday-Friday, 8:30am-11:30am and 1:00pm-3:30pm

Phone: 509.533.3744

Spokane Transit Authority

For families with kids, youth ride the bus for free ages 6-18.

The Plaza, First Floor,

701 W Riverside Avenue, Spokane, WA 99201

509.328.7433

REGIONAL VETERANS SERVICE CENTER

Emergency assistance geared towards sustainable positive outcomes for eligible veterans — gas vouchers or bus passes for transportation to work, medical appointments and education (services provided based on need and emergency). Income verification needed. Veterans must have lived in Spokane County for at least 6 months. Veterans must have served 6 months or more and have had an honorable or general discharge.

Visit their website: spokanecounty.org/1122/VeteranServices

Phone: 509.477.3690

Email: VETSTUDY@spokanecounty.org

SERVICES AT SPOKANE COMMUNITY COLLEGE (SCC)

AUTOMOTIVE DEPARTMENT REPAIR

Available to students, faculty and staff only. To request a service repair, you must visit the SCC Automotive Department secretary in Bldg. 18. There, you complete a waiver and personal information form. This is given to the appropriate instructor, and if the instructor has space for a new project, he or she calls the applicant with an appointment. The primary purpose of any project is for student learning. The car should be 10 years old or newer and must meet the instructor's curriculum.

Note: Repairs may be scheduled out a ways.

For more information please contact the automotive department secretary: 509.533.7100

ON CAMPUS

BASIC FOOD, EMPLOYMENT AND TRAINING PROGRAM

Could qualify for up to \$50 gas vouchers twice a month. Please talk to a WorkForce Specialist to see if you qualify.

Bldg 2, Suite 103

3410 W. Whistalks Way, Spokane WA 99224

509.533.3042



AVAILABLE WSU & SFCC SERVICES FOR PULLMAN STUDENTS

Spokane Falls Community College-Pullman is located on the WSU campus in Pullman, WA. Through an agreement between WSU and SFCC Pullman, SFCC students in Pullman have access to some WSU services. In order to access any available WSU services, students should first get an SFCC ID card from the main SFCC-Pullman office. Then, they should take that information and a secondary ID to the WSU CougarCard office and request a WSU CougarCard ID. There are limitations on students' access to WSU services. The accessible WSU Services for SFCC-Pullman students are outlined below.

CITY BUS TRANSIT: PULLMAN

Bus transit is available around town. Available with WSU CougarCard.

COMPUTER LAB: SFCC-PULLMAN

Open computer lab time 8am-4pm
185 Veterans Way Pullman, WA (2nd Floor)

WSU COUGAR CARD

Purchase for \$10.00 on ground floor of WSU CUB. Cougar Card be used as payment card and for selected discounts with vendors.

WSU EMERGENCY ALERTS

To subscribe, text **WSUPULLMAN22** to **888.777**
(To opt-out, text "STOP")

WSU FOOD PANTRY AT WSU CUB

Open to SFCC Pullman students with current enrollment.
Use of Food Pantry with WSU CougarCard requested but not required.

SFCC-PULLMAN FOOD PANTRY

A quick stop food pantry is available to SFCC-Pullman students in the student lounge from 8:00am-4:00pm (2nd floor). The SFCC Pullman Food Pantry is open to SFCC Pullman students with current enrollment. Use of Food Pantry requires students to sign in and take what is needed, as needed.

PULLMAN FOOD BANK

The Community Action Center in Pullman works with SFCC Pullman for students in need. The center can be found at:

1125 Nye Street Pullman, WA

Wednesday 11am-1pm, Thursday 4-6pm

Saturday 9-11am (*can only go once per month*)

Free bread daily!

509.338.0801

PULLMAN HOUSING/FOOD/HEATING/LEGAL, ETC.

The Pullman Community Action Center might be able to provide assistance in other ways. Contact their office for questions about support for housing, food, heating, legal help, etc.

350 SE Fairmont Rd Pullman, WA

Call and schedule an appointment for electrical assistance!

509.334.9147

WSU LIBRARIES

Print & digital collections, events, limited reference and search support (*print loans limited to three weeks; digital resources and loans only while on WSU network*)

WSU MATH TUTORING

Open to students enrolled in a math course at SFCC (requires WSU CougarCard). Available on the first floor of Cleveland Hall.

Check online for hours of operation: math.wsu.edu/studyhalls

Importantly, WSU Math courses are listed with WSU numbers and don't match course numbers at our or other colleges. Check WSU's transfer equivalency tool to identify the WSU match for your current SFCC Math course.

WSU WRITING CENTER

The Undergraduate Writing Center provides support to students as they clarify, develop, and articulate their ideas in writing. The format of consultations is conversation and peer-collaboration.

Location is Smith CUE 303

Contact: writing.center@wsu.edu

For hours, visit: writingprogram.wsu.edu/undergraduate-writing-center

As an SFCC Pullman Student, you also have access to these centers at WSU!

- Office of Multicultural Student Services
- Women's Center
- Gender Identity / Expression and Sexual Orientation Resource Center
- International Center

For more resources and specific information, please contact:

CCS Pullman Main Office

In-person Monday-Friday, 9-4pm

Phone: 509.322.2706

Email: pullman@sfcc.spokane.edu



ALL-GENDER RESTROOMS

Building 2	Room 008	Building 16	Rooms 116, 118
Building 5	Rooms 155, 156	Building 17	Room 228
Building 6	Room 133	Building 24	Rooms 234 / 334
Building 7	Rms 109, 123, 205	Building 27	Rooms 341, 343, 382
Building 9	Room 101A	Building 28	Rooms 117, 125, 126, 213
Building 11	Room 120K	Building 29	Room 130
Building 13	Rooms 102A / 107A	Building 30	Rooms 124, 238
Building 15	Rooms 017, 111, 214		



RESTROOMS WITH SHOWERS

Building 7	Rooms 107 (men's), 109 (all-gender), 111 (women's)
Building 13	Rooms 102A* (all-gender), 107A* (all-gender), 117 (women's), 120 (men's)
Building 24	Rooms 112 (men's), 113 (women's)
Building 28	Rooms 125 (all-gender), 126 (all-gender)
Building 30	Rooms 238 (all-gender)

** Shower is not ADA accessible in 13-102A and 13-107A*



RESTROOMS WITH CHANGING TABLES

Building 2	Room 009 (all-gender)
Building 7	Rooms 105 (women's), 106 (men's), 123 (all-gender), 203 (women's)
Building 15	Rooms 111 (all-gender), 121 (men's), 122 (women's), 203 (men's), 204 (women's)
Building 17	Rooms 120* (women's), 126A (men's), 126B (women's)
Building 30	Rooms 124 (all-gender), 238 (all-gender)

** 17-120 not ADA accessible*



RESTROOMS WITH BREASTFEEDING ROOM

Building 17	Room 120* (women's)
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**17-120 is not ADA accessible*

Spokane Falls Community College

3410 West Whistalks Way | Spokane, WA 99224-5288

sfcc.spokane.edu | Campus Security, Building 16, 509-533-3333





Building Legend

- | | | | |
|----|---|----|--|
| 2 | Library | 27 | Magnuson / SCC / SFCC |
| 5 | Humanities (<i>Spartan Playhouse</i>) | 28 | Science |
| 6 | Fine Arts | 29 | Early Learning Center |
| 7 | Student Athletic Center | 30 | Falls Gateway |
| 9 | Lodge | 31 | Future Softball |
| 10 | Maintenance | 32 | Future Fine and Applied Arts
(<i>opening Fall 2024</i>) |
| 11 | Photography | | |
| 13 | Physical Education Annex / Stadium | | |
| 15 | Music / Performing Arts | | |
| 16 | Human Services / Campus Security /
Photography (<i>temporary location</i>) | | |
| 17 | Student Union Building
(<i>Student Services</i>) | | |
| 18 | Math, Engineering and Technology | | |
| 19 | Technical Arts | | |
| 23 | Storage | | |
| 24 | sn-w'ey'-mn
(<i>Business and Social Science</i>) | | |
| 25 | Baseball | | |
| 26 | Drama Storage | | |

Campus Parking

Student — available in most lots

Visitor — paid meter or virtual permit

- | | |
|---|--------------------------|
| EV | Electric Vehicle |
| F | Faculty |
| M | Motorcycle |
| D | Disability |
| PM | Parking Meter |
| V | Visitor |
|  | Main Entrances to Campus |
|  | Smoking Area |

Information provided in this directory is subject to change.

Community Colleges of Spokane does not discriminate on the basis of race, color, national origin, sex, disability, religion, sexual orientation, pregnancy and related conditions or age in its programs, activities or employment. Direct all inquiries regarding equal opportunity compliance and/or grievances to the Chief Strategy and Administration Officer, CCS, 501 N Riverpoint Blvd, PO Box 6000, MS 1004, Spokane WA 99217-6000 or call 509-434-5037. Direct all inquiries or grievances regarding access and Title IX to the Chief Compliance Officer, 2917 W. Whistalks Way, MS 3027, Spokane WA 99224, ccs.titleIX@ccs.spokane.edu or call 509-279-6012. Marketing and Public Relations 24-051 07/24 ER