# COMMUNITY & CAMPUS RESOURCE DIRECTORY

2024 - 2025



# SPOKANE FALLS

COMMUNITY COLLEGE



The Basic Needs Program is here to help you find resources both on and off campus. Take a look at the options available to you in this Directory!

If you have any questions or need more info, just scan the QR code or visit:

sfcc.spokane.edu/Basic-Needs



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# **IMPORTANT CAMPUS LINKS**



#### **STUDENT AFFAIRS**

For a list of all campus departments and contact information, please scan the link for the directory or go to: sfcc.spokane.edu/Student-Affairs



#### **ACADEMIC COUNSELING**

Would you like to know which classes you need to take and when you should take them? Scan the QR code to learn more or go to: <a href="mailto:sfcc.spokane.edu/Counseling">sfcc.spokane.edu/Counseling</a>



#### **CLUBS & ORGANIZATIONS**

Joining a club is a great way to meet new people, explore your interests, and make the most of your college experience! Scan the QR code or go to: sfcc.spokane.edu/Clubs



#### CONTACT ACADEMIC COUNSELORS

Set up an appointment!
Scan the QR code,
call us at 509.533.3523, or go to:
sfcc.spokane.edu/Counseling/Contact-Us



#### MENTAL HEALTH COUNSELING

The Counseling Center is here to help you maintain your mental health and provide you with useful resources.

Call 509.533.3525 or go to:

sfcc.spokane.edu/Mental-Health



# **IMPORTANT CAMPUS CONTACTS**

#### Equity, Diversity and Inclusion Center (EDI)

Gateway, Building 30, Room 115

#### **WorkForce Transitions**

Library, Building 17, Room 201 509.533.3042 sfcc.workforcedevelopment@sfcc.spokane.edu

### **Disability Access Services (DAS)**

Gateway, Building 30, Room 104 509.533.4166 sfcc.das@sfcc.spokane.edu

#### MOSAIC / Multicultural and LGBTQ+ Student Center

Student Union Building, Building 17 — Room 131 & 125 509.533.4331 sfcc.mosaic@sfcc.spokane.edu

#### **Financial Aid**

Student Union Building, Building 17, Second Floor 509.533.3550 sfcc.finaid@sfcc.spokane.edu

# **Computer and Hotspot Check-Out**

Library, Building 2, Room 003-A 509.533.3805 Please have your Student ID

# **Library Support**

Library, Building 2 509.533.3818

Course Reserve or study rooms may be available upon request (Please check with a Librarian to find out more)

# **Spokane Falls Counseling Center**

Gateway, Building 30 — Second Floor 509.533.3525



# **EMERGENCY NUMBERS**

#### Title IX Anti-Discrimination & Sexual Assault

509.533.3514

# **SFCC Mental Health Counseling**

509.533.3525

#### 24-hour Regional Mental Health Crisis Line

1.877.266.1818

#### **Suicide Prevention**

**Dial 988** 

#### **Sexual Assault 24-Hour Support Line:**

(Call or Text) 509.624.7273

Call 211 to get immediate help at the starting point of houselessness.

#### CrimeCheck

509.456.2233

# National Alliance on Mental Illness Helpline (NAMI)

1.800.950.6264

#### **National Deaf Domestic Violence Hotline**

1.855.812.1001

Video calls are available.

#### **National Child Abuse Hotline**

1.800.422.4453

#### **National Domestic Violence Hotline**

1.800.799.7233

# **ON CAMPUS**

# SFCC Campus Security

### For immediate emergencies please first call 911

Located in Building 16

24-Hour Security Assistance: 509.533.3333 SFCC Campus Security Office: 509.533.3555



# HOW TO FIND A GUIDED PATHWAY SPECIALIST (GPS)

Guided Pathway Specialist are there to help students navigate all aspects to obtaining an education in their specific field or program.

## Heather Bellerud - Visual, Performing and Applied Arts



Heather.Bellerud@sfcc.spokane.edu Office 15-106 calendly.com/heather-bellerud-sfcc

# Zayn Canady - Humanities and Social Sciences GPS



Zayn.Canady@sfcc.spokane.edu Office 24-108C calendly.com/zayn-canady-sfcc

### Mapuana Carey - Health



Mapuana.Carey@sfcc.spokane.edu Office 19-106 calendly.com/mapuana-carey

#### Jamie Southwell - Business



Jamie.Southwell@sfcc.spokane.edu Office 24-125 <u>calendly.com/jamie-southwell</u>

# Leah Ruiz - Education, Social and Behavioral Sciences



Leah.Ruiz@sfcc.spokane.edu Office 16-133D calendly.com/leah\_ruiz\_sfcc

#### Vicki Moore - STEM



Vicki.Moore@sfcc.spokane.edu Office 28-115 <u>calendly.com/vicki-moore-sfcc</u>



#### **FOOD**

#### 2ND HARVEST FOOD BANK

509.534.6678

1234 E. Front Ave. Spokane, WA 99202

Days & Hours vary by location; some by appointment only. Call for more information.

**FREE!** The following food pantries are part of the Second Harvest Food Bank of the Inland Northwest. Provides emergency food to families. Most food pantries require picture identification, current proof of address, and identification for all household members. Must be over 18 years old. Some agencies may also have non-food essentials.

#### **AIRWAY BAPTIST CHURCH**

509.244.2474, 12322 Sunset Hwy

#### AMERICAN INDIAN COMMUNITY CENTER

509.535.0886, 1025 W. Indiana — Better Living Center 509.325.1258, 25 E. North Foothills Drive

#### **CITY GATE**

509.455.9670, 170 S. Madison

#### **GREENHOUSE**

509.276.6897, 211 N. Fir, Deer Park

#### MEAD FOOD PANTRY

509.466.7068, 12611 N. Wilson, Mead

#### MEDICAL LAKE FOOD BANK

509.299.3819, 207 S. Washington, Medical Lake

# NUESTRAS RAICES-COSECHANDO ESPERANZA HISPANIC FOOD PANTRY

509.389.6205, 1214 E. Sprague Ave., 99202

# **OUR PLACE / FRESH MARKET**

509.326.7267, 1509 W. College Ave.

## **ON CAMPUS**

#### SKITCH'S FOOD PANTRY

You must be currently enrolled at SFCC. You need your current student ID. You may use the food pantry up to three times per quarter.

Resource Cupboards are also placed around campus for students.

For locations please check: <u>sfcc.spokane.edu/Basic-Needs</u>

Hours: 8:30 am - 3:30 pm, Monday-Friday Hours might vary depending on the quarter.

Location: SFCC Bldg. 17, Rm 107A • 509.533.4198 Online Ordering: bit.ly/skitch-food-pantry-form





# **CLOTHING / HYGIENE PRODUCTS**

#### MISSION COMMUNITY OUTREACH CENTER

Provide clothing, housewares and hygiene items to families and individuals every 60 days. Every 30 days families can receive infant care items such as diapers and wipes for infants through age 4.

All of our services are FREE and ID is not required.

Hours: Monday: 1-4pm, Wednesday 10am-1pm, Thursday 1-4pm

1906 E. Mission Ave. Spokane, WA 99202

509.536.1084

#### **SERVE SPOKANE**

Provides clothing and food to individuals and families in need.

Hours: Tuesdays, 1:00-2:30pm | Thursdays, 1:00-3:30pm,

2nd & 4th Saturdays of each month 9:00am-11:30pm

8303 N. Division St. Spokane, WA 99208

509.998.5722

#### RESOURCE CENTER OF SPOKANE COUNTY

Has a clothing closet and other basic needs support.

Hours: Monday-Friday, 8am-4pm

130 S. Arthur St. (Second Floor) Spokane, WA 99202

509.867.8188

continued on next page

#### **OUR SISTER'S CLOSET**

Our Sister's Closet offers 90 minute appointments focused on outfitting a client with items to help them feel beautiful, boost confidence, and support achievement of personal and professional goals. On average, each client receives between 3 to 5 outfits, plus shoes, makeup, accessories, and personal hygiene products, as they are available.

#### SCHEDULE AN APPOINTMENT -

Call 509.326.1190 on Friday mornings between 9:00am and 12:00pm to schedule an appointment for the following week.

**Note:** due to our limited capacity, calls received outside this time frame will not be returned. Free on-site childcare is available upon request. Please communicate this need during scheduling.

YWCA Spokane, 930 N. Monroe St, Spokane, WA 99201

#### **ON CAMPUS**

#### MOSAIC CLOTHING CLOSET

By appointment only Building 30, Room 115 509.533.3931 or 509.533.4331

## HAILEY'S CLOSET (Brought to you by WorkForce & Basic Needs)

Clothing racks are placed around campus for students. For locations, please check: sfcc.spokane.edu/Basic-Needs



#### **SHELTERS**

# **YOUNG ADULT SHELTER (SERVES 18-24)**

Check-In Time: 7:30am-11:00pm 3104 E. Augusta Ave. Spokane, WA 99207 509 990 0519

#### **UGM MEN'S SHELTER**

Check-In Time: 7am-10pm 1224 E. Trent Ave. Spokane, WA 99202 509.535.8510, X1

#### HOPE HOUSE WOMEN'S SHELTER

Check-In Time: 5:30pm - 2:00am

Call starting 8:00am to be placed on waitlist.

Check-In starts at 5:30pm based on waitlist order.

318 S. Adams Spokane, WA 99201

509.816.1669

#### **UGM CRISIS SHELTER FOR WOMEN AND CHILDREN**

Check-In Time: 6am-9pm

Women with Children can check in 24 hours a day.

Single Women can check in from 6am - 9pm.

We are also open to Veterans. All beds are based on availability

1515 E. Illinois Ave. Spokane, WA 99207

509.535.0486

#### **FAMILY PROMISE OPEN DOORS**

(Families with Minor children)

Check-in time: Call before checking in.

2002 E. Mission Ave. Spokane, WA 99202

509.723.4663



#### **HOUSING SUPPORT**

# SPOKANE NEIGHBORHOOD ACTION PARTNERS (SNAP)

Helps meets basic needs for housing.

3102 W. Whistalks Way, Spokane, WA 99224

509.456.7627

# **VOLUNTEERS OF AMERICA (VOA)**

Helps meets basic needs for housing for students under 24 years old.

525 W. Second Ave. Spokane, WA 99201

509.624.2378

#### SPOKANE HOUSING AUTHORITY

We help people with low incomes get access to safe, healthy, affordable homes so that they live better, healthier and more satisfying lives.

25 W. Nora Spokane, WA 99205 509.328.2953

#### RESOURCE CENTER OF SPOKANE COUNTY

Has a clothing closet and other basic needs support.

Hours: Monday-Friday 8am-4pm

130 S. Arthur St. (Second Floor) Spokane, WA 99202

509.867.8188

# **ON CAMPUS**

#### SUPPORTING STUDENTS EXPERIENCING HOMELESSNESS

Supporting Students Experiencing Homelessness (SSEH) is for any actively enrolled student experiencing homelessness or at immediate risk of homelessness as defined by McKinney Vento Act.

Scan the QR code below to fill out the SSEH form or visit our website to find more info: sfcc.spokane.edu/Specially-Funded-Programs

#### Students who qualify may be eligible for:

- One-time deposit assistance, eviction prevention and crisis mitigation funding as funds are available
- Laundry services
- Access to shower and personal hygiene referrals to community housing support providers





# **HEALTH/MENTAL HEALTH**

# CHAS MAPLE STREET CLINIC MEDICAL, DENTAL & COUNSELING

Language services and insurance help available.

Hours: Monday-Friday 7:30am-6:00pm, Saturday 8:00am-5:00pm

3919 N. Maple St. Spokane, WA 99205

509.444.8200

#### **LUTHERAN COMMUNITY SERVICES NORTHWEST**

Hours: Mon-Thurs 8am-5pm, Fri 8:30am-3:00pm 210 W. Sprague Ave, Spokane, WA 99201-3627 509.747.8224

#### FRONTIER BEHAVIORAL HEALTH

Hours: Monday-Friday 8am-5pm 107 S. Division St, Spokane, WA 99202 509.838.4651, Toll-free crisis line 1.877.266.1818

\*Accepts crisis walk-ins, no insurance or payment required. Only accepts Medicaid for non-crisis.

#### **PSYCHOLOGY TODAY**

\*Use this website below to find providers. You can search by insurance provider and see if they offer a sliding scale based on income. psychologytoday.com/us/therapists/wa/spokane

## **ON CAMPUS**

#### STUDENT HEALTH CLINIC

FREE or low-cost health care available to all enrolled students. Hours: Monday-Friday 9am-2pm

SCC Campus, Building 07, Room 118 (1810 N Greene St) 509.533.8611



#### MENTAL HEALTH COUNSELING

Available to all enrolled students.

Drop-in hours: Mondays 8:30am-3:00pm, Fridays 9am-12pm Gateway, Building 30, Second Floor

509.533.3525





# CHILDCARE/SERVICES

#### **VANESSA BEHAN**

Provides 24/7, short-term respite care for children ages 0-6. Offers parenting classes and support services including diaper and formula assistance.

2230 E. Sprague Ave. Spokane, WA 99202 509.535.3155

#### ST. ANNE'S CHILDREN & FAMILY CENTER

Offers childcare, experiences and curriculum for ages 1-12 months.

25 W. 5th, Spokane, WA 99202

509.232.1111

#### WOMEN, INFANTS, & CHILDREN NUTRITION PROGRAM (WIC)

WIC is a place where families like yours can get healthy food and a lot more. WIC is for pregnant people, new and breastfeeding moms, and children under 5.

#### WIC helps improve the health of mothers and children through:

Nutrition education, breastfeeding support, healthy foods, health screenings and referrals.

1603 N. Belt St Spokane, WA 99205 509.323.7497

**ON CAMPUS** 

# HEADSTART / EARLY CHILDHOOD EDUCATION AND ASSISTANCE PROGRAM (ECEAP)

Works with low-income families/students with children so they can find support and success in getting their children off to a great beginning. (Infant/Toddler/Preschool)

3410 W. Whistalks Way, Bldg 29, Spokane, WA 99224

509 533 3624



# TRANSPORTATION/AUTOMOTIVE

# Remember — Your Student ID is your Bus Pass!

Visit the Print Shop in the Lower Level of the SFCC Library to get your student ID and bus pass.

Hours: Monday-Friday, 8:30am-11:30am and 1:00pm-3:30pm

Phone: 509.533.3744

#### **Spokane Transit Authority**

For families with kids, youth ride the bus for free ages 6-18.

The Plaza, First Floor,

701 W Riverside Avenue, Spokane, WA 99201

509.328.7433

#### REGIONAL VETERANS SERVICE CENTER

Emergency assistance geared towards sustainable positive outcomes for eligible veterans — gas vouchers or bus passes for transportation to work, medical appointments and education (services provided based on need and emergency). Income verification needed. Veterans must have lived in Spokane County for at least 6 months. Veterans must have served 6 months or more and have had an honorable or general discharge.

Visit their website: www.spokanecounty.org/1122/VeteranServices

Phone: 509.477.3690

Email: <u>VETSTUDY@spokanecounty.org</u>

# SERVICES AT SPOKANE COMMUNITY COLLEGE (SCC)

#### **AUTOMOTIVE DEPARTMENT REPAIR**

Available to students, faculty and staff only. To request a service repair, you must visit the SCC Automotive Department secretary in Bldg. 18. There, you complete a waiver and personal information form. This is given to the appropriate instructor, and if the instructor has space for a new project, he or she calls the applicant with an appointment. The primary purpose of any project is for student learning. The car should be 10 years old or newer and must meet the instructor's curriculum.

Note: Repairs may be scheduled out a ways.

For more information please contact

the automotive department secretary: 509.533.7100

# ON CAMPUS

#### **WORKFORCE PROGRAMS**

Building 17, Suite 201 3410 W. Whistalks Way, Spokane WA 99224 509.533.3042



# AVAILABLE WSU & SFCC SERVICES FOR PULLMAN STUDENTS

Spokane Falls Community College-Pullman is located on the WSU campus in Pullman, WA. Through an agreement between WSU and SFCC Pullman, SFCC students in Pullman have access to some WSU services. In order to access any available WSU services, students should first get an SFCC ID card from the main SFCC-Pullman office.

Then, they should take that information and a secondary ID to the WSU CougarCard office and request a WSU CougarCard ID. There are limitations on students' access to WSU services. The accessible WSU Services for SFCC-Pullman students are outlined below.

#### **CITY BUS TRANSIT: PULLMAN**

Bus transit is available around town. Available with WSU CougarCard.

#### COMPUTER LAB: SFCC-PULLMAN

Open computer lab time 8am-4pm 185 Veterans Way Pullman, WA (2nd Floor)

#### WSU COUGAR CARD

Purchase for \$10.00 on ground floor of WSU CUB. Cougar Card be used as payment card and for selected discounts with vendors.

#### **WSU EMERGENCY ALERTS**

To subscribe, text WSUPULLMAN22 to 888.777 (To opt-out, text "STOP")

#### WSU FOOD PANTRY AT WSU CUB

Open to SFCC Pullman students with current enrollment.

Use of Food Pantry with WSU CougarCard requested but not required.

#### SFCC-PULLMAN FOOD PANTRY

A quick stop food pantry is available to SFCC-Pullman students in the student lounge from 8:00am-4:00pm (2nd floor). The SFCC Pullman Food Pantry is open to SFCC Pullman students with current enrollment. Use of Food Pantry requires students to sign in and take what is needed, as needed.

#### **PULLMAN FOOD BANK**

The Community Action Center in Pullman works with SFCC Pullman for students in need. The center can be found at:

1125 Nye Street Pullman, WA Wednesday 11am-1pm, Thursday 4-6pm Saturday 9-11am (can only go once per month) Free bread daily! 509.338.0801

# PULLMAN HOUSING/FOOD/HEATING/LEGAL, ETC.

The Pullman Community Action Center might be able to provide assistance in other ways. Contact their office for questions about support for housing, food, heating, legal help, etc.

350 SE Fairmont Rd Pullman, WA
Call and schedule an appointment for electrical assistance!
509.334.9147

#### **WSU LIBRARIES**

Print & digital collections, events, limited reference and search support (print loans limited to three weeks; digital resources and loans only while on WSU network)

#### **WSU MATH TUTORING**

Open to students enrolled in a math course at SFCC (requires WSU CougarCard). Available on the first floor of Cleveland Hall.

Check online for hours of operation: math.wsu.edu/studyhalls

Importantly, WSU Math courses are listed with WSU numbers and don't match course numbers at our or other colleges. Check WSU's transfer equivalency tool to identify the WSU match for your current SFCC Math course.

#### WSU WRITING CENTER

The Undergraduate Writing Center provides support to students as they clarify, develop, and articulate their ideas in writing. The format of consultations is conversation and peer-collaboration.

Location is Smith CUE 303

Contact: writing.center@wsu.edu

For hours, visit: writingprogram.wsu.edu/undergraduate-writing-center

# As an SFCC Pullman Student, you also have access to these centers at WSU!

- Office of Multicultural Student Services
- Women's Center
- Gender Identity / Expression and Sexual Orientation Resource Center
- International Center

#### For more resources and specific info, please contact:

CCS Pullman Main Office

In-person Monday-Friday, 9-4pm

Phone: 509.322.2706

Email: pullman@sfcc.spokane.edu



# **ALL-GENDER RESTROOMS**

Building 2 Room 008	Building 17 Room 227, 228
Building 5 Rooms 155, 156	Building 24 Rooms 234, 334
Building 7 Rms 109, 123, 205	Building 27 Rooms 155, 341, 343, 382
Building 13 Rms 102A/107A	Building 28 Rooms 117, 125, 126, 213
Building 15 Rms 017, 111, 214	Building 30 Rooms 124, 238
Building 16 Rooms 116, 118	Building 32 Rooms 108, 213



#### **RESTROOMS WITH SHOWERS**

Building 7 Rooms 107 (men's), 109 (all-gender), 111 (women's)

Building 13 Rooms 102A\* (all-gender), 107A\* (all-gender), 117 (women's), 120 (men's)

Building 24 Rooms 112 (men's), 113 (women's)

Building 28 Rooms 125 (all-gender), 126 (all-gender)

Building 30 Rooms 238 (all-gender)

\* Shower is not ADA accessible in 13-102A and 13-107A



#### **RESTROOMS WITH CHANGING TABLES**

Building 2 Room **009** (all-gender)

Building 7 Rooms 105 (women's), 106 (men's), 123 (all-gender), 203 (women's)

Building 15 Rooms 111 (all-gender), 121 (men's), 122 (women's), 203 (men's), 204 (women's)

Building 17 Rooms 120\* (women's), 126A (men's), 126B (women's)

Building 30 Rooms 124 (all-gender), 238 (all-gender)

\* 17-120 not ADA accessible



# **RESTROOMS WITH BREASTFEEDING ROOM**

Building 17 Room 120\* (women's)

\*17-120 is not ADA accessible

#### SPOKANE FALLS COMMUNITY COLLEGE

3410 West Whistalks Way | Spokane, WA 99224-5288 sfcc.spokane.edu | Campus Security - Building 16 • 509.533.3333



- 6 Fine Arts
- 7 Student Athletic Center
- **9** Lodge
- **10** Maintenance
- 13 Physical Education Annex / Stadium
- 15 Music / Performing Arts
- 16 Human Services / Campus Security
- **17** Student Union Building (Student Services)
- 18 Math, Engineering and Technology
- **19** Technical Arts
- **23** Storage
- **24** sn-w'ey'-mn (Business and Social Science)
- 25 Baseball
- **26** Drama Storage
- 27 Magnuson / SCC / SFCC

- 29 Early Learning Center
- **30** Falls Gateway
- 31 Future Softball
- 32 sixetk (ska-hét) (Fine Arts and Photography)

# **Campus Parking**

**Student** – available in most lots

Visitor – paid meter or virtual permit

- **EV** Electric Vehicle
- **F** Faculty
- M Motorcycle
- **D** Disability
- **PM** Parking Meter
- **V** Visitor
- Main Entrances to Campus
- Smoking Area

#### Information provided in this directory is subject to change.

Community Colleges of Spokane does not discriminate on the basis of race, color, national origin, sex, disability, religion, sexual orientation, pregnancy and related conditions or age in its programs, activities or employment. Direct all inquiries regarding equal opportunity compliance and/or grevances to the Chief Strategy and Administration Officer, CCS, 501 N Riverpoint Blvd, PO Box 6000, MS 1004, Spokane WA 99217-6000 or call 509-434-5037. Direct all inquiries or grievances regarding access and Title IX to the Chief Compliance Officer, 2917W Whistalis Way, MS 3027, Spokane WA 99224, ccs titlel/@occs spokane edu orcall509-279-6012 Marketing and Public Relations 24-368 01/2025 ER