Community Colleges of Spokane

COVID-19 Return to School/Work Checklist

Please use this checklist to help decide when someone who has tested positive for COVID-19 or has been exposed or potentially exposed to COVID-19 can return to on site school or work. Please review all five scenarios below to determine which one applies in each case. **The student or employee may return on site only if they meet the return criteria for their scenario.**

The Spokane Regional Health District has created this list of low and no cost COVID-19 testing resources in Spokane. For CCS sites located outside of Spokane County, please click here for testing resources.

Important Note: A negative test result is not by itself enough to authorize return to on-site school or work since the Spokane Regional Health District recommends a time-based return strategy. A time-based return strategy means the science supports that a person is no longer able to spread illness to others after certain time intervals have passed.

Scenarios:

1. **Did they test positive for COVID-19?**
   - If yes, did they have symptoms?
     - If yes, has it been at least 10 days since their symptoms began?
       - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
         - If yes, have all their other symptoms gone away?
           - If yes, they may return.
     - If no, has it been at least 14 days since they received their positive test?
       - If yes, they may return.

2. **Did they have any symptoms of COVID-19?**
   - If yes, has it been at least 10 days since their symptoms began?
     - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
       - If yes, have all their other symptoms gone away?
         - If yes, they may return.

This protocol will be updated as guidance from the Spokane Regional Health District changes.

3. **Were they instructed to quarantine because they had close contact with someone who has COVID-19?**
   - If yes, did they ever have symptoms after the exposure?
     - If yes, has it been at least 10 days since their symptoms began?
       - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
         - If yes, have all their other symptoms gone away?
           - If yes, they may return.
   - If no, has it been at least 14 days since they had close contact with the person who has COVID-19?
     - If yes, they may return.

4. **Did they have close contact with someone who has COVID-19?**
   - If yes, did they ever have symptoms after the exposure?
     - If yes, has it been at least 10 days since their symptoms began?
       - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
         - If yes, have all their other symptoms gone away?
           - If yes, they may return.
     - If no, has it been at least 14 days since they had close contact with the person who has COVID-19?
       - If yes, they may return.

5. **Do they live with someone who tested positive for COVID-19?**
   - If yes, were they able to isolate from them (stay in different rooms the whole time) while the household member had COVID-19?
     - If yes, did they ever have symptoms?
       - If yes, has it been at least 10 days since their symptoms began?
         - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
           - If yes, have all their other symptoms gone away?
             - If yes, they may return.
     - If no, has it been at least 14 days since they were last in the same room as the person who tested positive?
       - If yes, did they ever have symptoms?
         - If yes, has it been at least 10 days since their symptoms began?
           - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
             - If yes, have all their other symptoms gone away?
               - If yes, they may return.
       - If no, have they quarantined for at least 24 days?

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- If yes, did they ever have symptoms?
    - If yes, has it been at least 10 days since their symptoms began?
        - If yes, have they been fever free for at least 24 hours without using fever-reducing medications?
            - If yes, they may return.
    - If no, they may return.

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