

## PACE Courses - Winter 2022

Classes start on Tuesday, January 4, 2022 and end on Thursday, March 24, 2022.  
No classes on Monday, January 17; Monday, February 18; and Monday, March 21, 2022.

| <u>*Course #</u> | <u>Contract#</u> | <u>Class Code</u> | <u>Start Time</u> | <u>End time</u> | <u>Class title</u>                       | <u>Instructor</u>       | <u>Day</u> | <u>Lodge Classroom OR<br/>Synchronous Zoom</u> |
|------------------|------------------|-------------------|-------------------|-----------------|--|-------------------------|------------|--|
| 30073            | 30074            | CLSTM 21          | 9:00 AM           | 10:20 AM        | Intro to Online Learning                 | Brehm, Mitch            | MW         | Computer Lab or OL                             |
| 28316            | 28317            | CLHW 15           | 9:00 AM           | 10:20 AM        | Healthy Living                           | Edwards, Caley          | MW         | B / Main Hall or OL                            |
| 28761            | 28762            | CLLIF 10          | 9:00 AM           | 10:20 AM        | Cooking for Life                         | Edwards, Carla          | MW         | 5A or OL                                       |
| 30095            | 30096            | CLSTM 22          | 10:30 AM          | 11:50 AM        | Microsoft Office 1                       | Brehm, Mitch            | MW         | Computer Lab or OL                             |
| 28342            | 28343            | CLHW 1            | 10:30 AM          | 11:50 AM        | Fit For Life 1: Personal Fitness         | Edwards, Caley          | MW         | B/Main Hall or OL                              |
| 28791            | 28792            | CLENG 3           | 10:30 AM          | 11:50 AM        | Reading 3***                             | Edwards, Carla          | MW         | 5A or OL                                       |
| 28805            | 28806            | CLENG 4           | 10:30 AM          | 11:50 AM        | Reading 4***                             | Edwards, Carla          | MW         | 5A or OL                                       |
| 30112            | 30113            | CLSTM 25          | 12:30 PM          | 1:50 PM         | Tablets and Apps**                       | Brehm, Mitch            | MW         | Computer Lab or OL                             |
| 28354            | 28355            | CLCP 21           | 12:30 PM          | 1:50 PM         | Leadership Skills 2                      | Edwards, Caley          | MW         | B or OL  |
| 32848            | 32849            | CLENG 10          | 12:30 PM          | 1:50 PM         | Creative Writing 1                       | Edwards, Carla          | MW         | 5A or OL                                       |
| 30178            | 30179            | CLSTM 28          | 2:00 PM           | 3:20 PM         | Video Editing and Production**           | Brehm, Mitch            | MW         | Computer Lab or OL                             |
| 28371            | 28372            | CLHUM 12          | 2:00 PM           | 3:20 PM         | LSTA Painting                            | Edwards, Caley          | MW         | B or OL  |
| 29160            | 29161            | CLENG 1           | 2:00 PM           | 3:50 PM         | Reading 1                                | Edwards, Carla          | MW         | 5A or OL                                       |
| <b>30203</b>     |                  | <b>CLHW 3</b>     | <b>9:00 AM</b>    | <b>10:20 AM</b> | <b>Fit For Life 3: Low Impact Cardio</b> | <b>Ballew, Kathy</b>    | <b>TTH</b> | <b>Colville Gym</b>                            |
| 29185            | 29186            | CLSTM 1           | 9:00 AM           | 10:20 AM        | Math 1                                   | Dorney, Jeff            | TTH        | B or OL  |
| 29502            | 29503            | CLSTM 20          | 9:00 AM           | 10:20 AM        | Keyboarding                              | Edwards, Caley          | TTH        | Computer Lab or OL                             |
| 29539            | 29540            | CLLIF 25          | 9:00 AM           | 10:20 AM        | Safety Smarts 1                          | Edwards, Carla          | TTH        | 5A or OL                                       |
| 29904            | 29905            | CLLIF 3           | 9:00 AM           | 10:20 AM        | Community Living                         | Kramer, Jessica         | TTH        | A or OL  |
| 29187            | 29188            | CLSTM 3           | 10:30 AM          | 11:50 AM        | Math 3***                                | Dorney, Jeff            | TTH        | B or OL  |
| 29190            | 29191            | CLSTM 4           | 10:30 AM          | 11:50 AM        | Math 4***                                | Dorney, Jeff            | TTH        | B or OL  |
| 29519            | 29520            | CLCP 2            | 10:30 AM          | 11:50 AM        | Career Development 2                     | Edwards, Caley          | TTH        | Computer Lab or OL                             |
| 29544            | 29545            | CLCP 11           | 10:30 AM          | 11:50 AM        | Employment Enjoyment 2                   | Edwards, Carla          | TTH        | 5A or OL                                       |
| 29927            | 29928            | CLLIF 7           | 10:30 AM          | 11:50 AM        | Stress Management                        | Kramer, Jessica         | TTH        | A or OL  |
| 29480            | 29481            | CLSTM 2           | 12:30 PM          | 1:50 PM         | Math 2***                                | Dorney, Jeff            | TTH        | B or OL  |
| 29524            | 29525            | CLCP 58           | 12:30 PM          | 1:50 PM         | Intro to Entrepreneurship                | Edwards, Caley          | TTH        | Computer Lab or OL                             |
| 29548            | 29549            | CLENG 2           | 12:30 PM          | 1:50 PM         | Reading 2***                             | Edwards, Carla          | TTH        | 5A or OL                                       |
| 29867            |                  | <b>CLCOM 2</b>    | <b>12:30 PM</b>   | <b>1:50 PM</b>  | <b>Communication Skills 2</b>            | <b>Huffman, Frances</b> | <b>TTH</b> | <b>Colville - 117</b>                          |
| 29950            | 29951            | CLHW 5            | 12:30 PM          | 1:50 PM         | Fit for Life 5: Aerobic Activity         | Kramer, Jessica         | TTH        | Main Hall or OL                                |
| 29482            | 49483            | CLSTM 10          | 2:00 PM           | 3:20 PM         | Science 1                                | Dorney, Jeff            | TTH        | B (no OL)                                      |
| 29526            | 29527            | CLCOM 10          | 2:00 PM           | 3:20 PM         | Current Events                           | Edwards, Caley          | TTH        | Computer Lab or OL                             |
| 29555            | 29556            | CLCP 50           | 2:00 PM           | 3:50 PM         | Childcare 1                              | Edwards, Carla          | TTH        | 5A or OL                                       |
| 29879            |                  | <b>CLLIF 1</b>    | <b>2:00 PM</b>    | <b>3:20 PM</b>  | <b>Building Healthy Relationships</b>    | <b>Huffman, Frances</b> | <b>TTH</b> | <b>Colville - 117</b>                          |
| 29958            | 29959            | CLLIF 21          | 2:00 PM           | 3:20 PM         | Money Smarts 2                           | Kramer, Jessica         | TTH        | A or OL  |

| *Use the course #                       |  | ** Prerequisite class required  | ***Instructor approval or testing required                            |
|---|--|---|---|
| Class Title                             |  | Class Description   | Prerequisite  |
| Introduction to Online Learning         |  | Students will learn how to access and use current online resources, how to appropriately interact online, and how to successfully participate in an online learning environment.  | None  |
| Microsoft Office 1                      |  | Students will learn how to use Microsoft Office programs, including Word, Excel, and PowerPoint. Students will get hands-on experience that can be applied in an employment setting.  | None  |
| Tablets and Apps**                      |  | Students will be introduced to a variety of technology devices, such as tablets, and learn how to use various applications.   | CLSTM 20 or 22  |
| Video Editing and Production**          |  | Students will expand their communication skills by learning to use a film editing application, such as iMovie.  | CLSTM 25  |
| Healthy Living                          |  | Students will learn key elements of a healthy lifestyle, including some exercise options, healthy eating, and basic gardening skills.   | None  |
| Fit For Life 1: Personal Fitness        |  | This course is designed for students who wish to improve their personal fitness level. The course will concentrate on the five components of fitness: muscular strength, muscular endurance, cardiovascular endurance, flexibility, and healthful body composition. | None  |
| Leadership Skills 2                     |  | Leadership 2 will teach students intermediate leadership skills including how to advocate for themselves and others. Students will do service projects on campus.   | CLCP 20   |
| Lifeskills through the Arts 2: Painting |  | Students will learn to communicate, express themselves, and reduce stress by learning art skills using multiple types of paint on different textures.   | None  |
| Cooking for Life                        |  | Cooking for Life will teach students to cook healthy, inexpensive foods. Focus will be on developing independent living skills.   | None  |
| Reading 3                               |  | Students improve reading vocabulary and comprehension. Lexile level 5: 800-875, level 6: 900-950, and level 7: 975-1025.  | CLENG 2   |
| Reading 4                               |  | Students improve reading vocabulary and comprehension. Lexile level 8: 1050-1075, level 9: 1100-1125, and level 10: 1150-1125.  | CLENG 3   |
| Creative Writing 1                      |  | Students learn basic sentence structure and paragraph compositions through various creative writing assignments including poetry, fairytales and memoirs.   | Basic writing skills, assessed through personal interview with staff. |
| Reading 1                               |  | Students learn letters, sounds, and sight words. Lexile level 1: 25-325 and level 2: 350-525.   | None  |
| Fit For Life 3: Low Impact Cardio       |  | Students will explore a variety of topics related to health and wellness through active group practice. This course will focus on low impact, stretching based activities such as yoga or Pilates.  | None  |
| Math 1                                  |  | In this basic math class, students learn the tools to solve math problems in everyday life; fundamentals of math and proficiency will be gained through hands-on activities.  | None  |
| Math 3                                  |  | In this advanced math class, students will focus on proportional relationships, operations and linear equation, and geometry.   | CLSTM 2   |

|                                |  |   |         |
|--------------------------------|--|---|---------|
| Math 4                         |  | In this workplace-readiness math class, students will learn about expressions and equations, functions, geometry, and how math is used in common workplace situations.  | CLSTM 3 |
| Science 1                      |  | Students will be introduced to the basic concepts of Biology, Chemistry, Physics, and Earth Science.  | None    |
| Keyboarding                    |  | In Keyboarding, students will learn to touch type on the computer keyboard using correct techniques as well as the development of speed and accuracy. Students will be introduced to the formatting of personal and business letters, tables, notes, memos, and reports.  | None    |
| Career Development 2           |  | Career Development 2 will address employability skills including responsibility, dependability, and workplace roles and relationships.  | None    |
| Intro to Entrepreneurship      |  | Exploration and development of entrepreneurial businesses   | None    |
| Current Events                 |  | Current Events will cover current topics. Students will learn about current news from local to international events. They will learn to identify facts versus opinions. Students will be expected to participate in this seminar-type class. This course will address cultural diversity and global awareness topics.                 | None    |
| Safety Smarts 1                |  | Students learn how to stay safe at home and in the community. Topics will include home safety planning, and transportation, pedestrian, shopping, medications and emergency services safety skills.   | None    |
| Employment Enjoyment 2         |  | In Employment Enjoyment 2, students will focus on advanced work/life balance techniques. Students will learn about time management, scheduling, prioritizing, and goal setting.   | None    |
| Reading 2                      |  | Students improve reading vocabulary and comprehension. Lexile level 3: 550-675 and level 4: 700-775.  | CLENG 1 |
| Childcare 1                    |  | Students learn basic concepts of child development from infancy to early elementary age. Students prepare to work in child care and have the opportunity to earn STARs certification.   | None    |
| Communication Skills 2         |  | Communication skills including in-depth conversations; expressing opinions; small group presentations. Communication styles. Situational communication.   | None    |
| Building Healthy Relationships |  | Students will learn about relationship types including family, friend, living, and work situations. Students will learn to set healthy boundaries and develop healthy relationships. As needed, students will review exploitation and receive community resources. Sexuality & intimacy may be addressed, depending on student needs. | None    |
| Community Living               |  | Students learn ways to solve domestic conflicts when living in group situations. Students will learn how to get along with roommates and how to resolve conflicts that may arise when living in shared living quarters.   | None    |
| Stress Management              |  | Students will learn to recognize stress in their lives. Students will learn to identify positive and negative stress. They will learn skills and techniques to cope with negative stress.   | None    |

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|--|--|---|------|
| Fit For Life 5:<br>Aerobic<br>Activity |  | Students will explore a variety of topics related to health and wellness through active group practice. This course will focus on individual aerobic activities, such as aerobics, step aerobics, or Zumba. | None |
| Money Smarts<br>2                      |  | Students learn advanced budgeting skills for independent living, including avoiding scams and setting financial goals. Students will learn about retirement, investing, compound interest, and loans.       | None |

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Registration forms can be found at [scc.spokane.edu/pace](http://scc.spokane.edu/pace)