

PACE Course Descriptions - Winter 2023

Building Healthy Relationships	Students will learn about relationship types including family, friend, living, and work situations. Students will learn to set healthy boundaries and develop healthy relationships. As needed, students will review exploitation and receive community resources. Sexuality & intimacy may be addressed, depending on student needs.
Career Development 2	Workplace ethics including how to recognize and respond to inappropriate behavior. Job Interviews including how to answer interview questions, how to ask interview questions and what questions are illegal.
Childcare Basics	Students will learn basic concepts in caring for infants through age 8, including development; health and safety; family and cultural diversity; and behavior management. Knowledge learned in class may prepare students to work in a childcare setting. This course follows the College and Career Readiness Standards to prepare students for entering the workforce.
Community Living	Students learn ways to solve domestic conflicts when living in group situations. Students will learn how to get along with roommates and how to resolve conflicts that may arise when living in shared living quarters.
Conflict Resolution	Students will learn to identify issues and successfully navigate challenging conversations where emotions run high and positive outcomes are critical. Students will develop skills needed to look at issues from all sides, understand different personal styles, and implement a problem-solving approach to find workable resolutions that strengthen relationships and results. This course follows the College and Career Readiness standards to prepare students for entering the workforce.
Current Events	Current Events will cover current topics. Students will learn about current news from local to international events. They will learn to identify facts versus opinions. Students will be expected to participate in this seminar-type class. This course will address cultural diversity and global awareness topics.
Disability Rights	Students will learn about disability rights, gain a basic understanding of the types of barriers to access and the nondiscrimination laws that impact the lives of persons with disabilities. Topics will include education, employment, emergency preparedness, accommodations, independent living, disability history, family planning, fair housing, how access to government programs and services, how locate resources and how to file a complaint.
Employment Enjoyment 2	Students will focus on advanced work/life balance techniques. Students will learn about time management, scheduling, prioritizing, and goal setting.
Fit for Life 1: Personal Fit	This course is designed for students with disabilities who want to improve their personal fitness, with an emphasis on increasing stamina for job readiness. Students will learn proper methods and techniques to incorporate a variety of exercises into their daily lives. Students will learn about nutrition through the five basic food groups.
Geography: Northern Hemisphere	This course will provide our students practical instruction on geography so they can better understand the world around them. It is based on a subset of WA OSPI Geography standards and College and Career Readiness Standard A for Speaking/Listening and Writing. Scope will include both the earth's physical and human systems and then a more in-depth look at North American and Europe/Asia. Students will learn by doing either individually or as a class team. Key outcomes will include a better understanding of our world and the hands-on development of a group project focused on a region of the United States.
Intro to Entrepreneurship	Exploration and development of entrepreneurial businesses.
Journaling	Students will learn proper sentence structure, paragraph structure and how to convey their emotions in correct English grammar. Students will learn how to journal, the benefits of journaling, and the different styles of journaling to increase their writing and grammar skills and reduce their stress. This course follows the College and Career Readiness Standards to prepare students for entering the workforce.
LifeSkills through the Arts 2: Painting	Students will learn how to calm down, relieve stress, and express themselves as well as improve communication, teamwork, and presentation skills through the art of painting. This course follows the College and Career Readiness standards to prepare students with presentation skills and ways to express themselves as they enter the workforce.
Math 2	Math 2 builds on the skills learned in Math 1. Math 2 is a fundamental skills course covering exponents, fractions, decimals, ratios and rates for students with cognitive disabilities. The course is based on College & Career Readiness Standards C and part of D. Prerequisite: CLSTM 1 or MATH 1
Math 3	In this advanced math class, students will focus on proportional relationships, operations and linear equation, and geometry.
Reading 1A	Students will learn letters, sounds, and begin reading sight words. This course follows the College and Career Readiness Standards to prepare students for entering the workforce.
Reading 1B	Students will learn letters, sounds, and begin reading sight words. This course follows the College and Career Readiness Standards to prepare students for entering the workforce. Prerequisite: CLENG 1.
Reading 1C	Students will learn letters, sounds, and begin reading sight words. This course follows the College and Career Readiness Standards to prepare students for entering the workforce. Prerequisite: CLENG 30
Reading 2A	Students will learn vocabulary, fluency and increase reading comprehension. This course follows the College and Career Readiness Standards to prepare students for entering the workforce. Prerequisite: CLENG 31
Reading 2B	Students will learn vocabulary, fluency and increase reading comprehension. This course follows the College and Career Readiness Standards to prepare students for entering the workforce. Prerequisite: CLENG 2.
Self-Leadership	Self-Leadership will teach students intermediate leadership skills including how to advocate for themselves and others. Students will do service projects on campus. This course follows the Career and Technical Education Program Standards Leadership: Individual Skills to prepare students for entering the workforce with intermediate leadership skills.
Science 1	This survey course covers essential concepts of life science, earth science, and physical science (chemistry, physics) for students with cognitive disabilities. This class will enhance individual growth through personal and academic development as they learn about the world around them. An emphasis will be placed on improving teamwork, communication, and listening skills for workplace readiness.
Stress Management	Students will learn to recognize stress in their lives. Students will learn to identify positive and negative stress. They will learn skills and techniques to cope with negative stress.

QUESTIONS? CALL: (509) 279-6033