



# 2018-19 Annual Report



Spokane  
Head Start/ECEAP/Early Head Start



# About Us

## Vision, Mission, Values

### Vision

Enhancing lives of children and families for success in school and life.

### Mission

We are dedicated to providing high quality education, health, and social services for the wellbeing of young children and their families.

### Values

#### Empower Through Education

We recognize the power of education to transform and enrich the lives of children and families. We support lifelong learning and foster individual development as a cornerstone for personal wellbeing and success.

#### Foster Respect, Inclusion and Diversity

We welcome diversity and honor individuals for their unique contributions to the program.

#### Serve the Community

We value partnerships within the community. Together we strive to anticipate and respond to community needs, collaborating to enhance services that enrich the quality of family life.



## Introduction

The Community Colleges of Spokane is the grantee for the Spokane Head Start (HS) and Early Head Start (EHS) program, which serves Spokane and Spokane County residents. Although 991 children and pregnant women are funded, not all families remain throughout the year, so more children are served than awarded. This year the program served 1376 children. Program Information Reports (PIRs) are completed and submitted each year for the Office of Head Start showing data collected on the children, their families, and staff. The statistics include facts regarding the comprehensive services (education, health, nutrition, disabilities, and social services) provided. Some of what follows is from the PIR.

# Family Spotlight

## Sabrina's Head Start/EHS story

Sabrina reentered the Spokane community in 2014 after a period of incarceration and began rebuilding her relationship with her children. At the time, they were in the care of their grandmother who had enrolled them in the Spokane Head Start/Early Head Start (HS/EHS) Adult Education Center program.

Through parent meetings and conferences, Sabrina learned about HS/EHS and the large part parent engagement plays in the program. With HS/EHS staff as her partners, she participated in the goal setting process for her children and family, and she shared her desire to work with other parents who were going through similar situations. HS/EHS staff provided her information about programs available through the Community Colleges of Spokane, and Sabrina enrolled and began classes at Spokane Falls Community College (SFCC).

As she pursued her education, she became pregnant with her fourth child and was unsure about the impact it would have on her college goals; however, with the support of HS/EHS staff and SFCC instructors she was able to continue with her classes. The SFCC instructors allowed Sabrina and her baby to attend classes together for the first six weeks. Eventually the baby joined her one-year old brother in EHS. She stayed focused and in March 2017 she was notified that all of her children would return to her care. Sabrina was checking off goals.

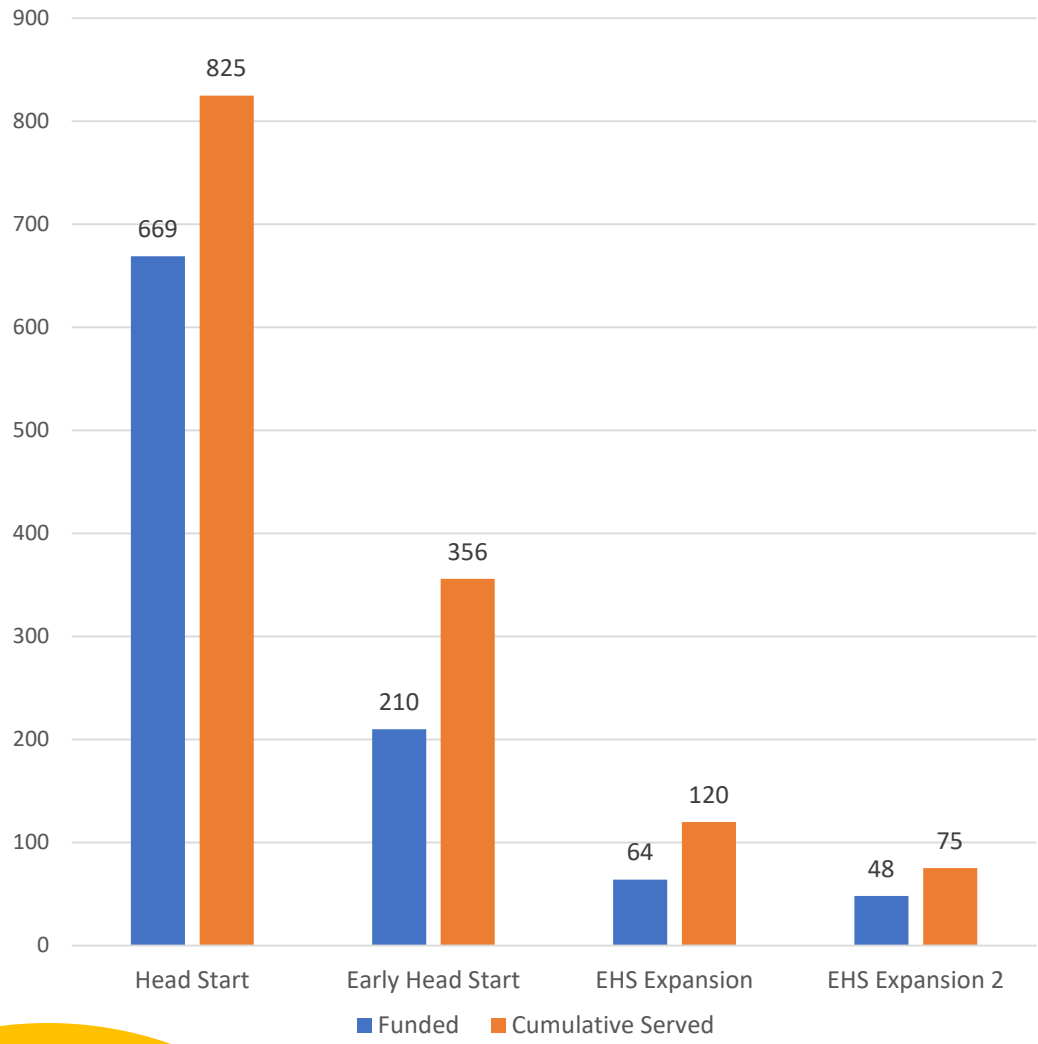
The help of the HS/EHS staff and SFCC instructors during her pregnancy helped shaped the direction of her life. Sabrina said, "HS/EHS and SFCC instructors in a collaborative approach, learning about options and having the power to make decision was so impactful." One of the things that impressed her was the power of advocacy. Later that year, she was elected as the HS Policy Council parent representative for her site and the representative for the Washington State Association of Head Start and ECEAP (WSA).

Sabrina continued to accomplish goals and graduated from SFCC with an AA degree. Her husband found a job in Spokane that allowed him to relocate back home with Sabrina and their children. She was able to check off more family goals.

December 2018, she began working as a Client Advocate through the Bail Project, working with adults who had addiction issues and who were formerly incarcerated. She is now working full-time and recently began participating in a leadership program. She believes that without child care, graduation from SFCC wouldn't have been possible. She says, "The staff from Head Start/Early Head Start and SFCC listened with no judgement." No one had ever seen her "differences as strengths without embarrassment" before. She could "stand in her truth."

Sabrina's passion for advocacy work continues and she's thankful to Spokane Head Start/Early Head Start and Spokane Falls Community College for their support. She believes, "The people who are closest to the problem are the closest to the solution but the farthest from the resources." We look forward to seeing how Sabrina continues to change the world around her.





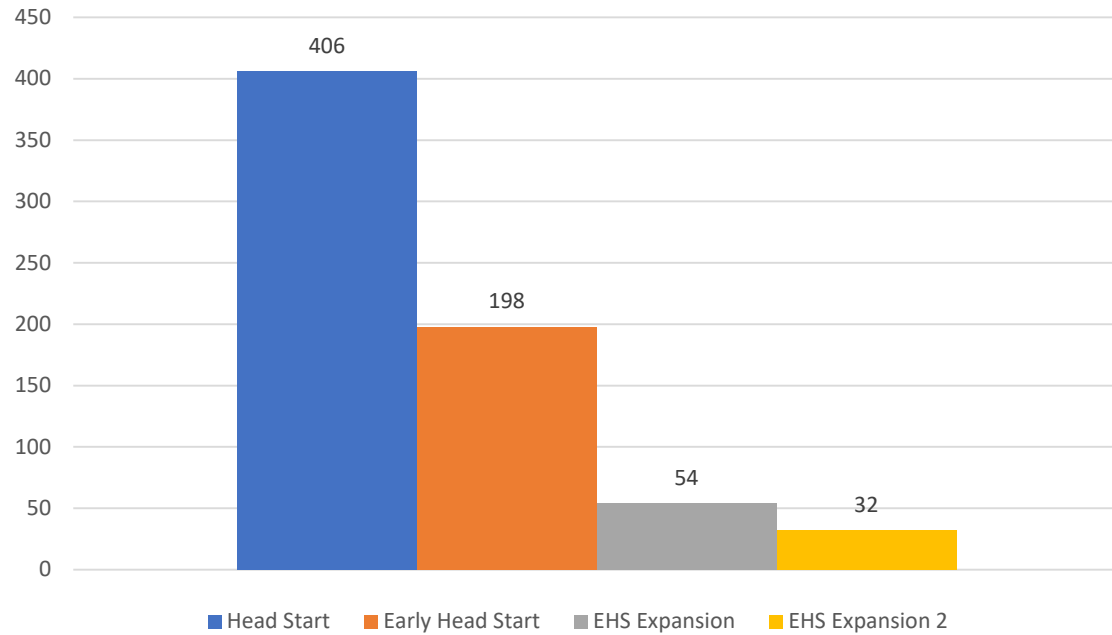
# Children and Families

## Enrollment

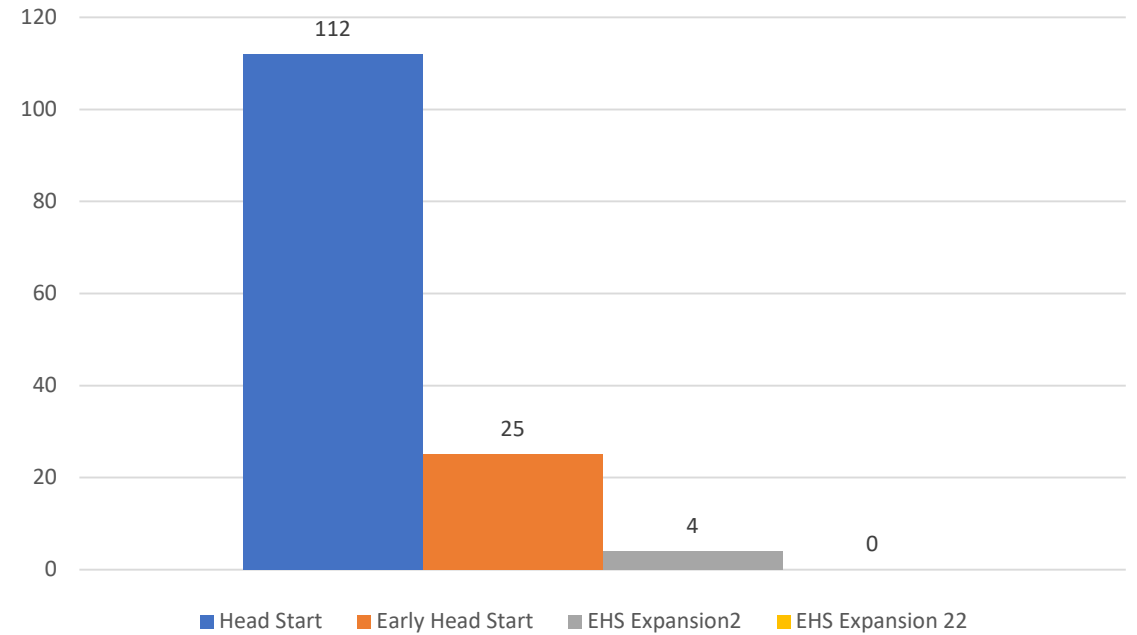


# Types of Eligibility

## <100% Federal Poverty Level

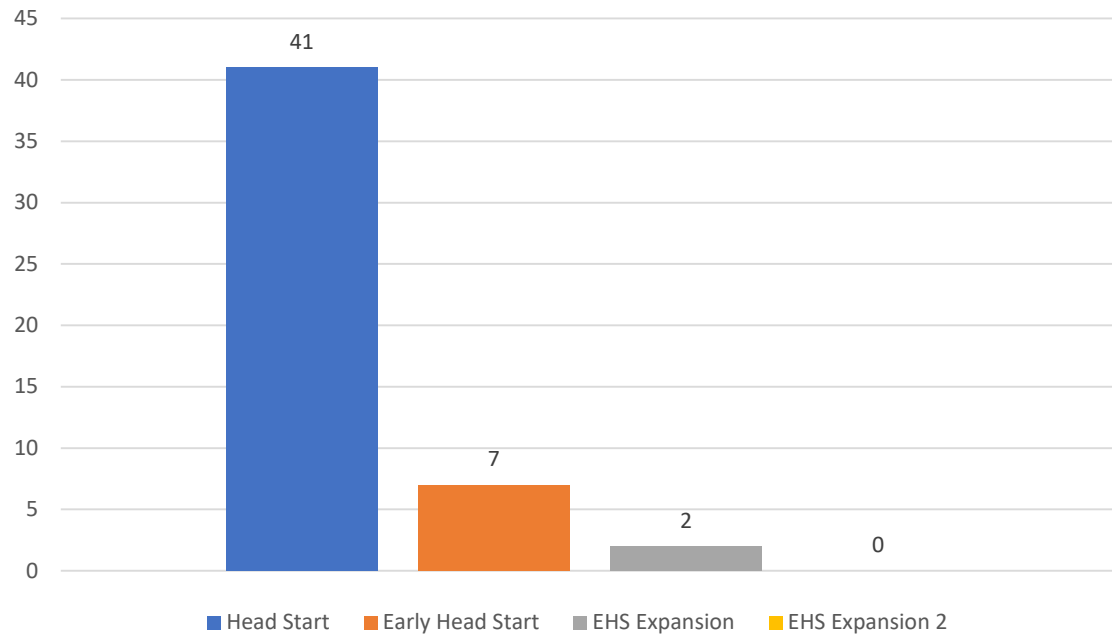


## 100-130% Federal Poverty Level

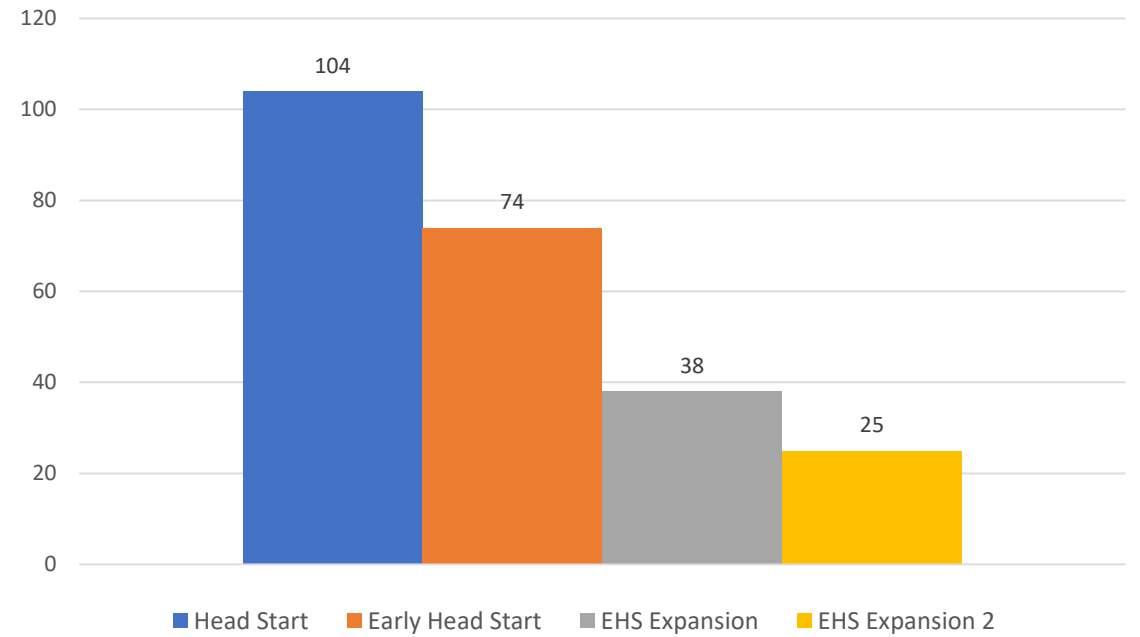


# Types of Eligibility

## Over Income

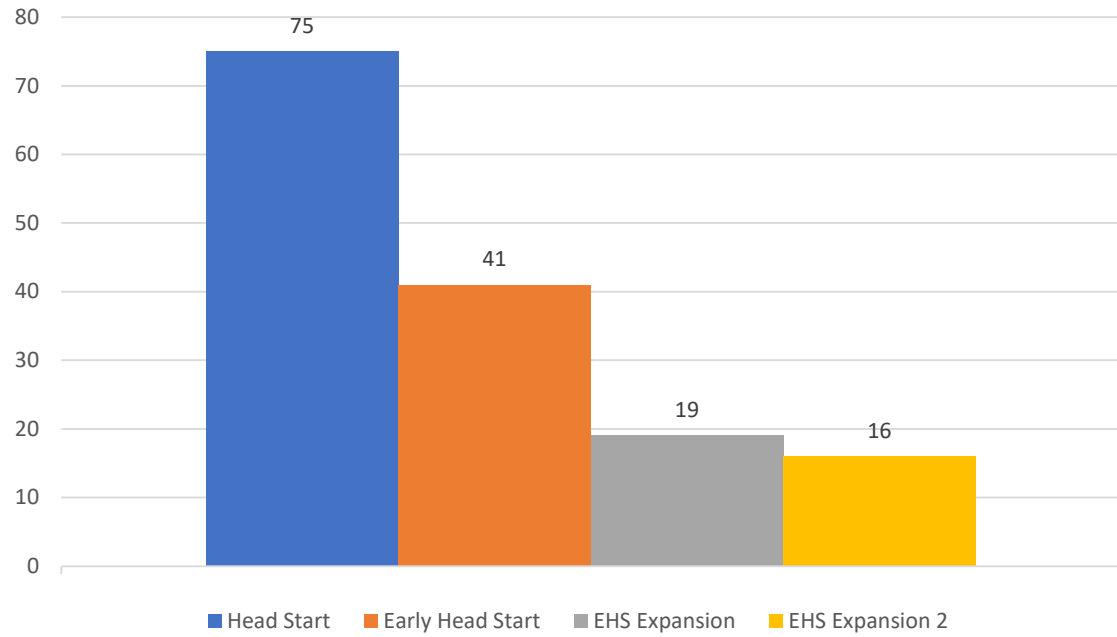


## Children with Disabilities

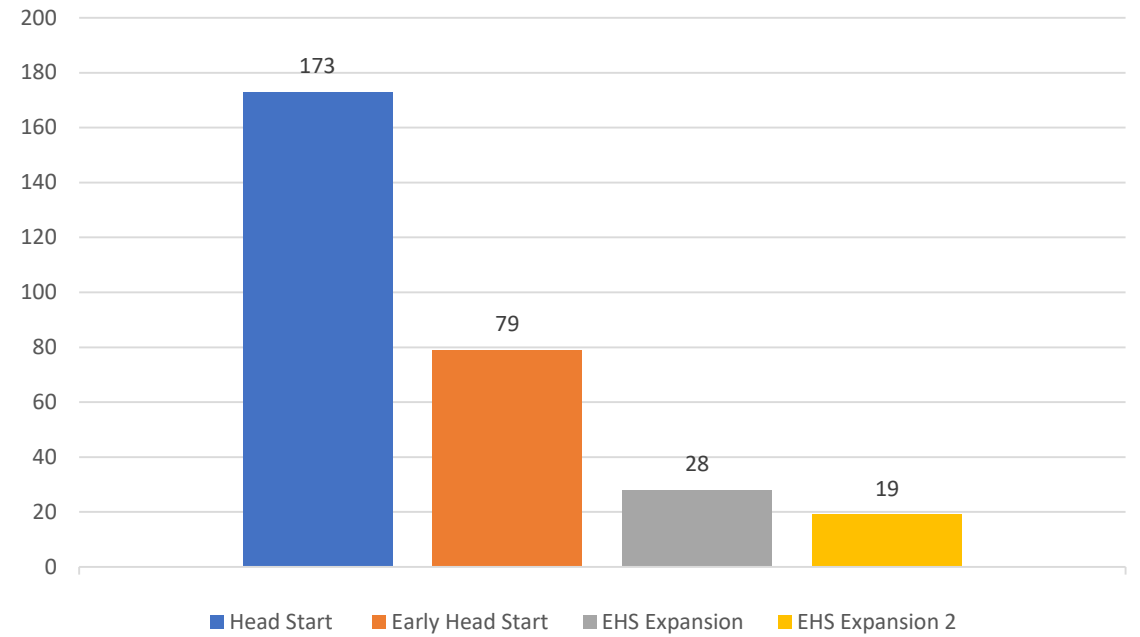


# Types of Eligibility

## Homeless

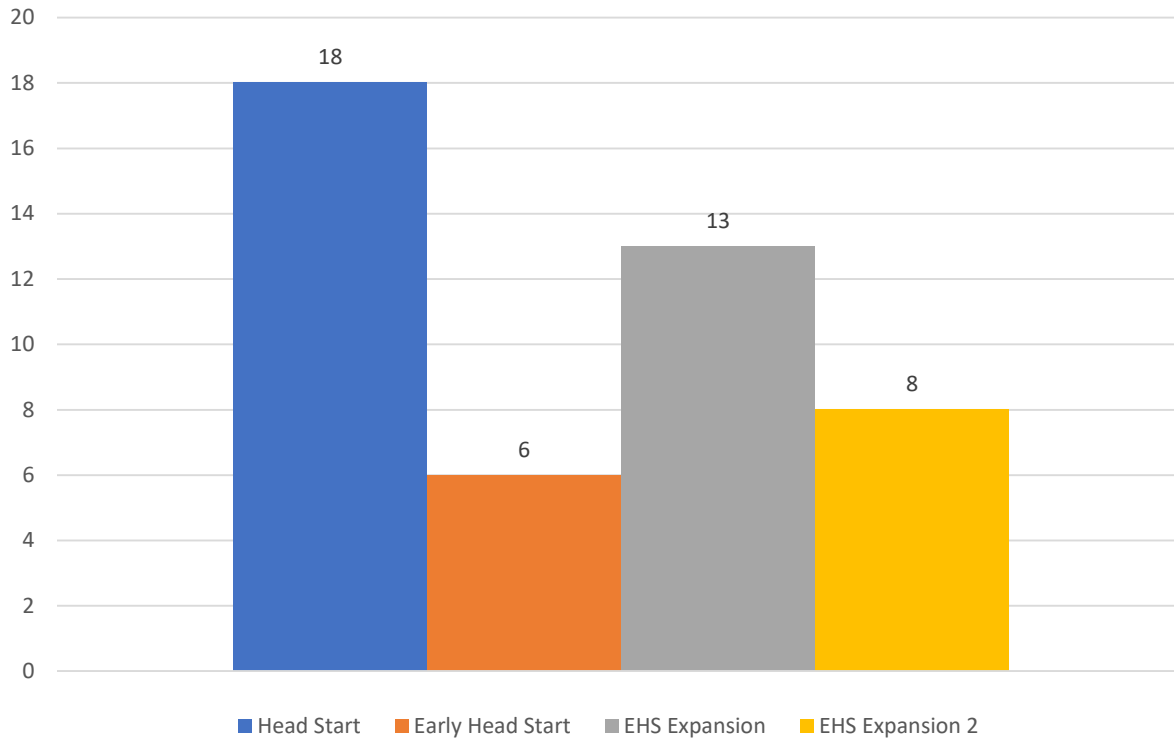


## Public Assistance



# Types of Eligibility

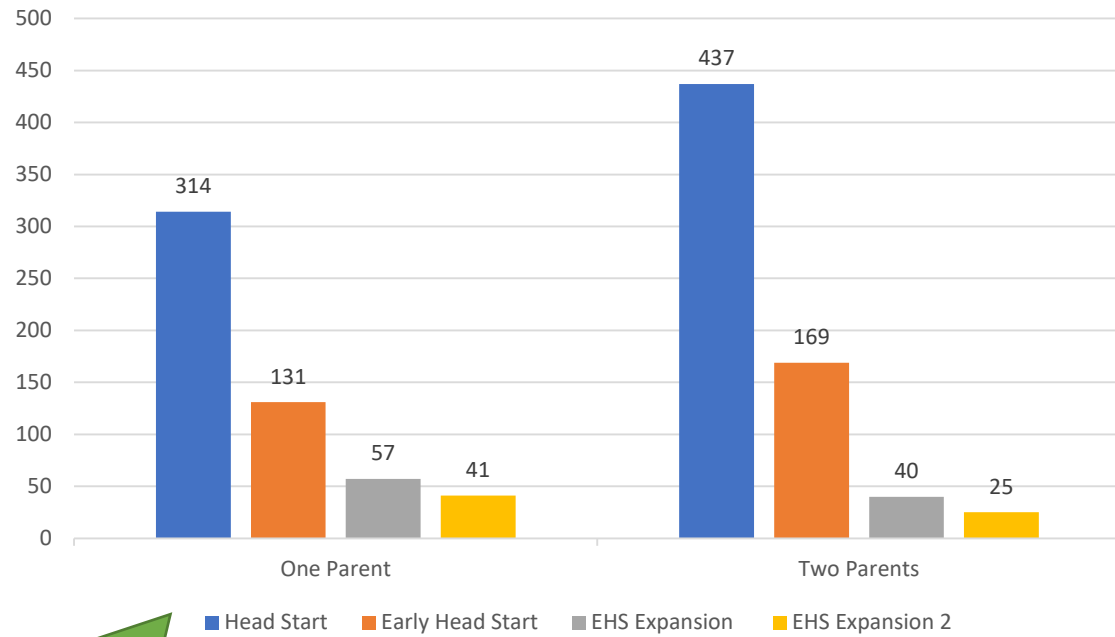
## Foster Children



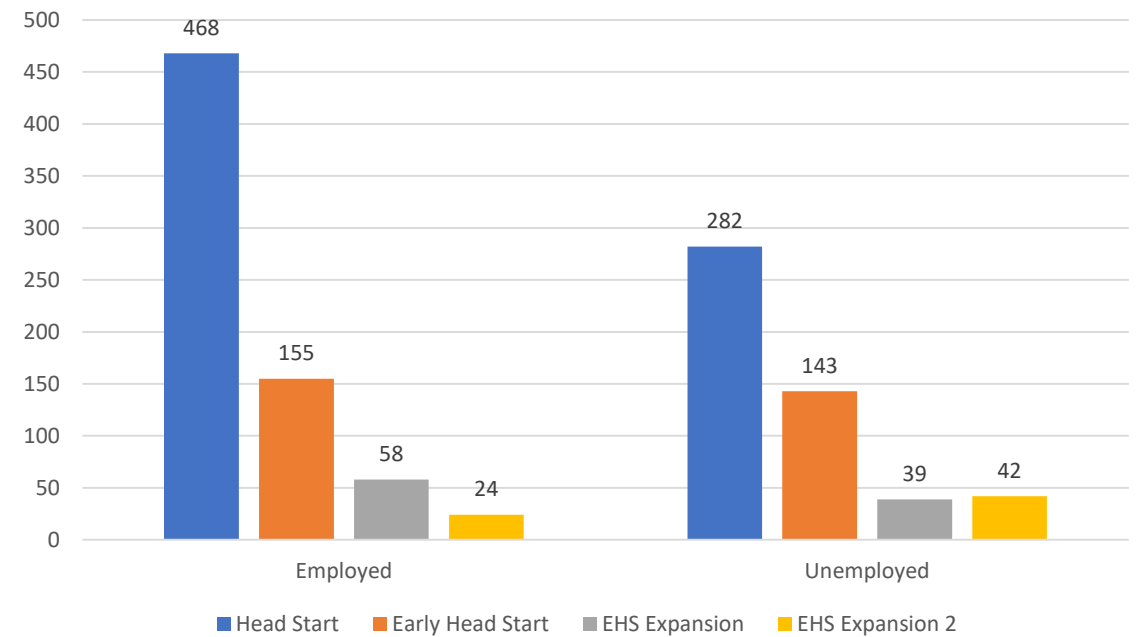


# About Our Families

## Households



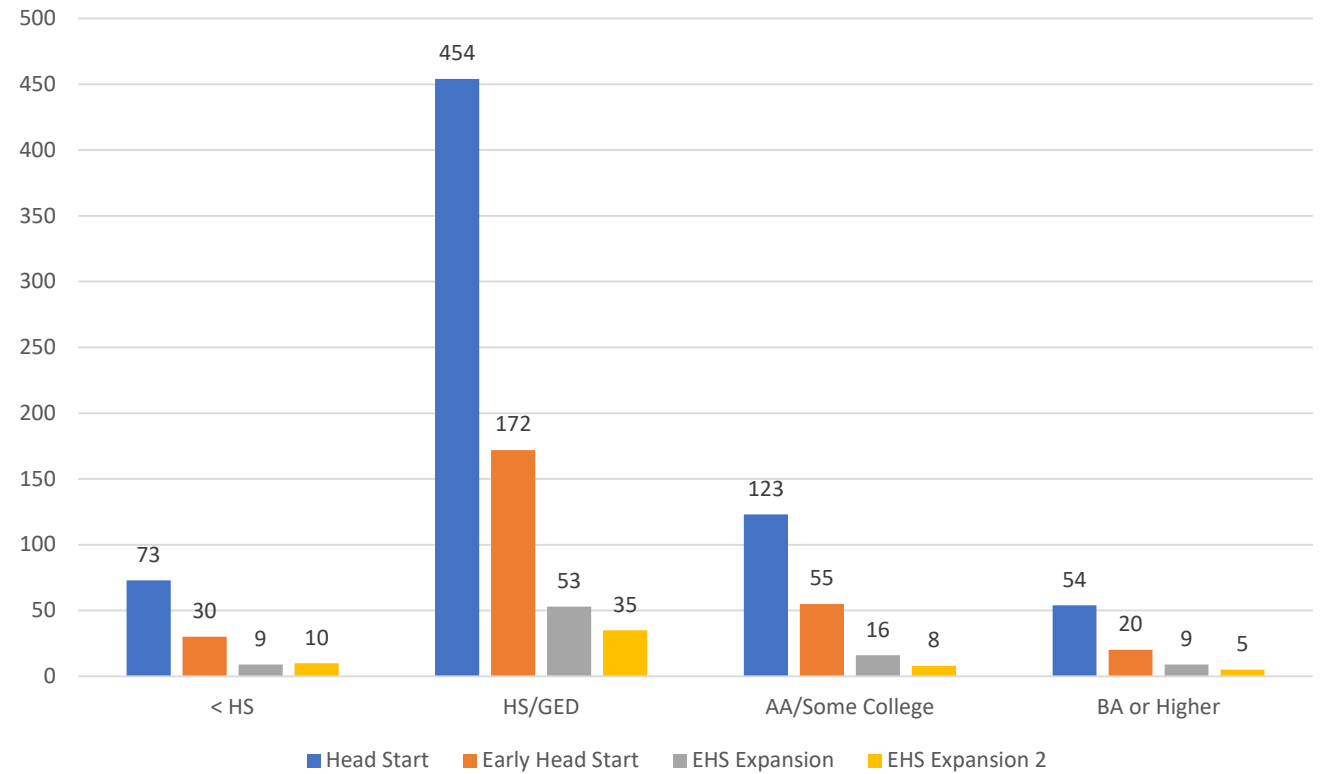
## Parent Employment



# About Our Families

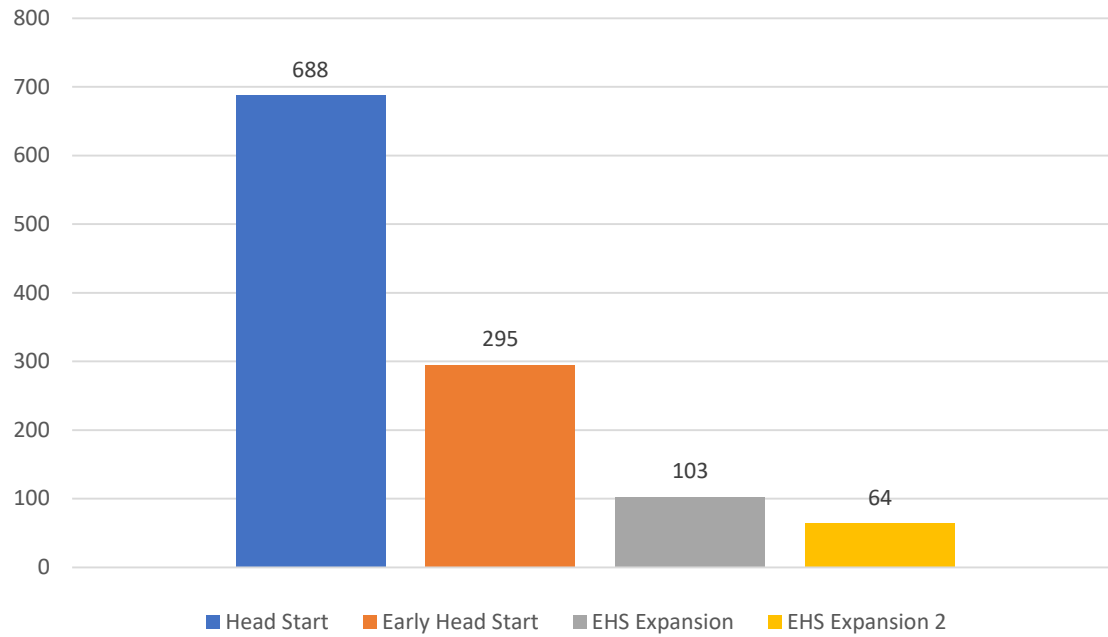


## Parent Education Level

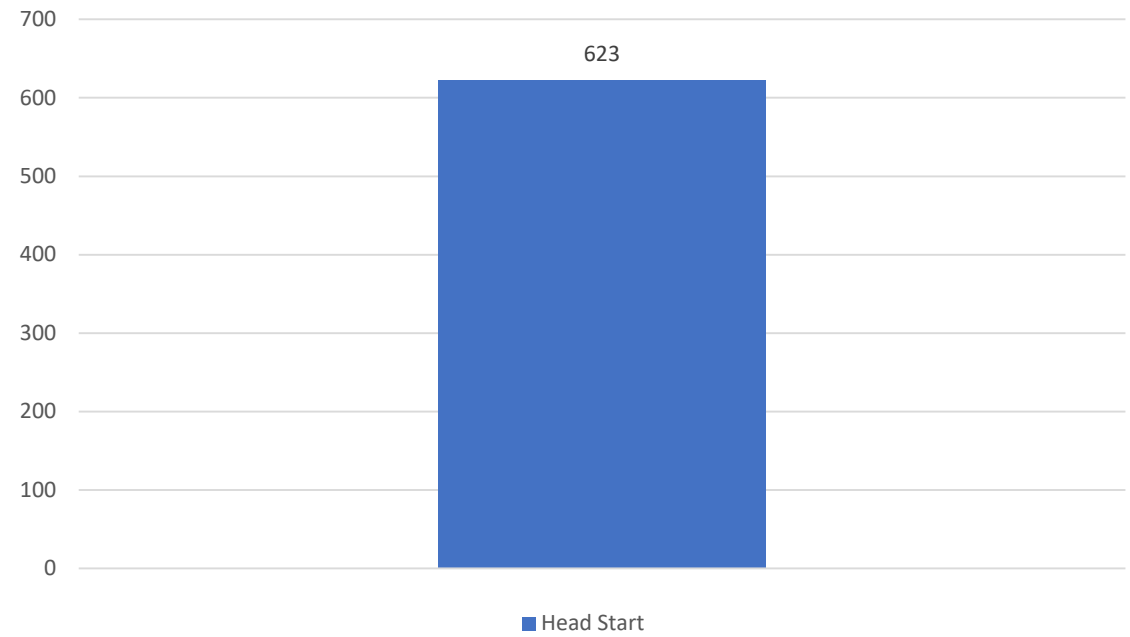


# Medical and Dental

## Enrolled Children Up-to-Date on Medical Exams

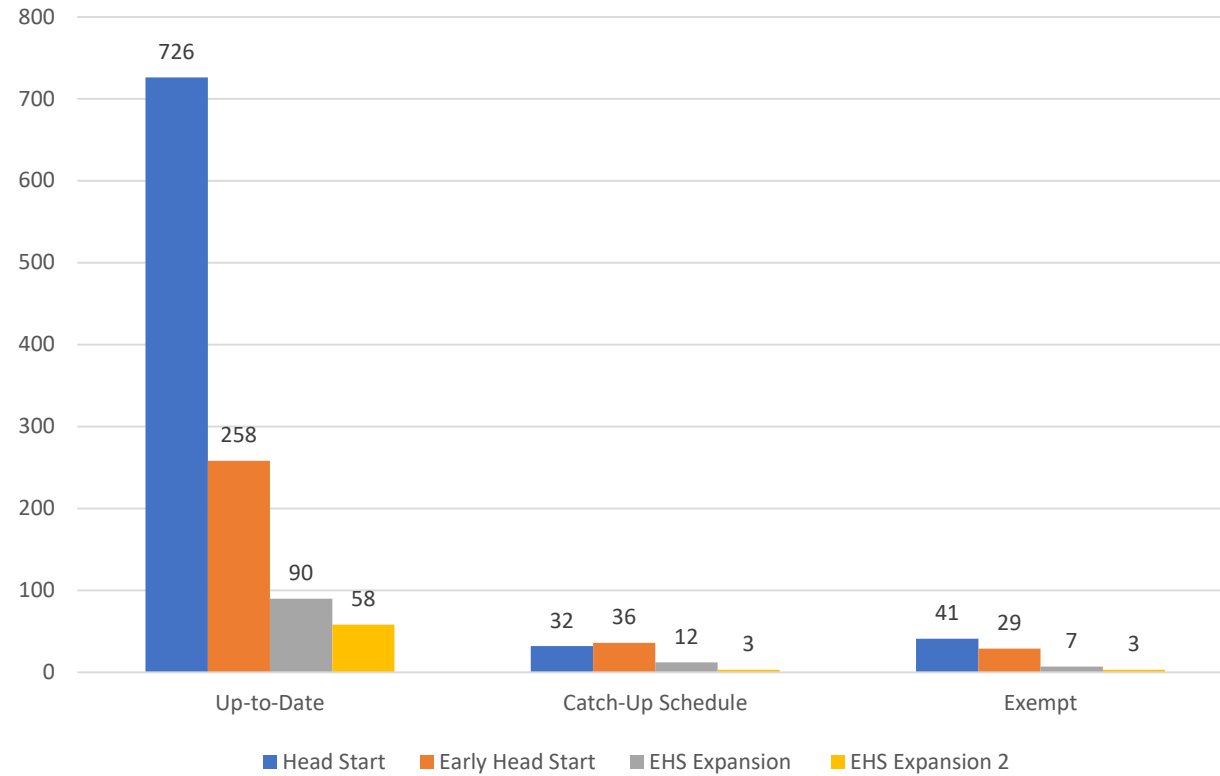


## Enrolled Children Up-to-Date on Dental Exams



# Medical and Dental

## Vaccine Completions and Exemptions



# Family Services

## Parent and Family Engagement

The program recognizes the importance of parents as their child's first teacher and encourages parents to take an active role in their child's education. From the first meeting with parents to developing a plan for transitioning to kindergarten, parents are given numerous opportunities to be involved with their child's experience at Head Start/Early Head Start. The following are some ways in which parents can become involved.



# Family Services

## Family Activity Nights

Throughout the year, families have the opportunity to participate in activities such as cooking and fitness, cultural awareness, and literacy.

## Home Visits/Conferences

Two education visits and parent/teacher conferences are held to discuss child development, family services and school readiness. Early Head Start home base program has weekly home visits for prenatal moms and children birth to age three.

## In-Home Activities

Through home activities and collaboration with their child's teacher, parent support their child's education goals and make connections between their child's development in the program and at home.

## Male Involvement

Men are encouraged to engage in activities/events with their children throughout the program year. The events promote an opportunity to build relationships and communication through a combination of sensory and STEM activities. Children with their dad, grandfather, uncle or family friend are able to explore fun and safe activities while learning about textures, colors and cause/effect. Fathers are also encouraged to attend the annual Engaging Fatherhood Conference held in March at our local community college.

## Parent Committee Meetings

Parents are invited to attend monthly site meetings to receive program updates from Policy Council (PC) representatives, parent education and community resource information.



# Family Services

## Parent Trainings

Training topics include: pedestrian safety, emergency/fire safety, nutrition and health, first aid/CPR, mental health and well-being, parenting skills, budget/credit repair, leadership and advocacy.

## Partnership Agreements and Family Goals

Families and their Family Service Coordinator partner to complete a Strengths and Needs Assessment to develop Family Goals. Goals are reviewed on an ongoing basis to reflect family's priorities.

## Policy Council

Elected parent representatives from each site attend monthly meetings and participate in program decision-making. The PC Executive Committee attends a second meeting to review evaluations and plan the next meeting.

## Program Committee Meetings

Parents are offered opportunities to participate in program committees such as personnel hiring/search, Washington State Association of Head Start and ECEAP (WSA), and the annual self-assessment.

## Self-Assessment

Parent leadership is developed through facilitating the site parent committee meeting during the annual self-assessment, completing site health and safety checklists, and parent satisfaction surveys.

## Volunteer Opportunities

Volunteering is encouraged in all areas of the program, such as helping teachers with classroom projects, supporting site projects and/or recruiting at community events.



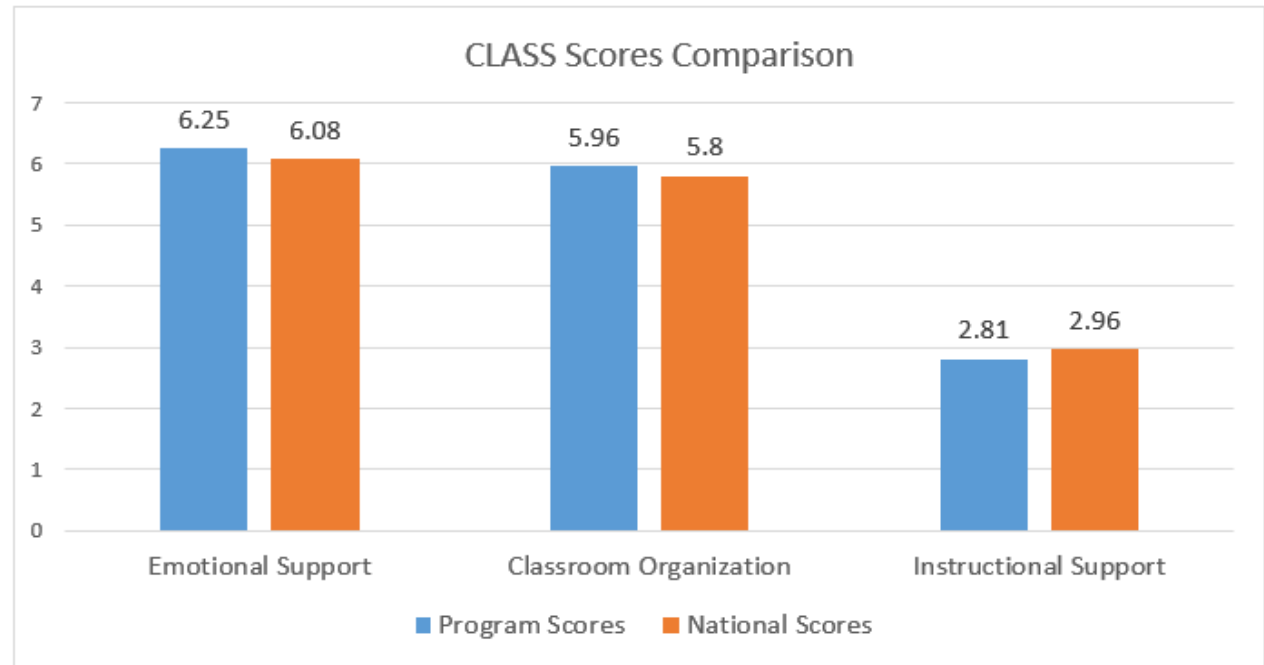
# CLASS

As a grantee serving preschool age children (3-5) in the center-based option, a sampling of Spokane Head Start preschool classrooms were observed in May 2018 a part of the Office of Head Start onsite CLASS review. The CLASS tool looks at three domains and ten dimensions of teacher-child interactions and measures those observed interactions on a seven-point scale.

The three domains are defined as:

- **Emotional Support** assesses the degree to which teachers establish and promote a positive climate in their classroom through their everyday interactions.
- **Classroom Organization** assesses classroom routines and procedures related to the organization and management of children's behavior, time, and attention in the classroom.
- **Instructional Support** assesses the ways in which teachers implement the curriculum to effectively promote cognitive and language development

Comparative data available from the Office of Head Start in 2018 show Spokane Head Start CLASS scores in comparison to scores at the national level.





# Kindergarten Readiness



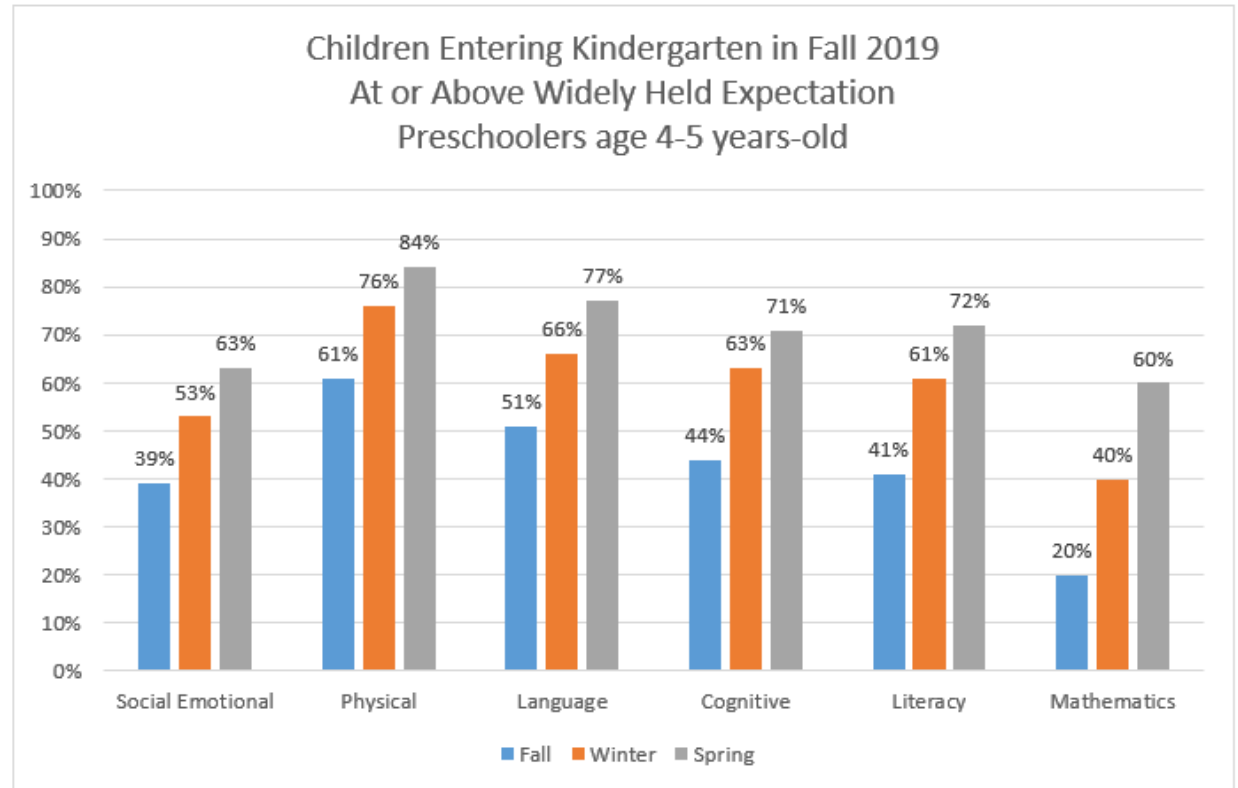
Spokane Head Start staff facilitates transition from preschool to kindergarten for children and families. Staff encourages families to participate in site and classroom transition activities such as, field trips in neighborhood elementary schools, transition nights, and mock kindergartens in the classrooms. Staff provide a variety of parent training opportunities including inviting past parents to attend parent committee meetings to share their experiences, and brochures on kindergarten skills and how to prepare children for kindergarten. Kindergarten registration information is provided at Policy Council and at sites in March when local elementary schools begin the registration process.

Meetings with Head Start and School District staff are conducted for children with Individual Education Plans or as needed for the success of the individual child. Staff completes the Kindergarten Transition Checklist, including transition information from parents, for all kindergarten-bound children during the final parent/teacher conference of the program year. With parent permission, these forms are forwarded to the child's Spokane public school.

# Kindergarten Readiness Data

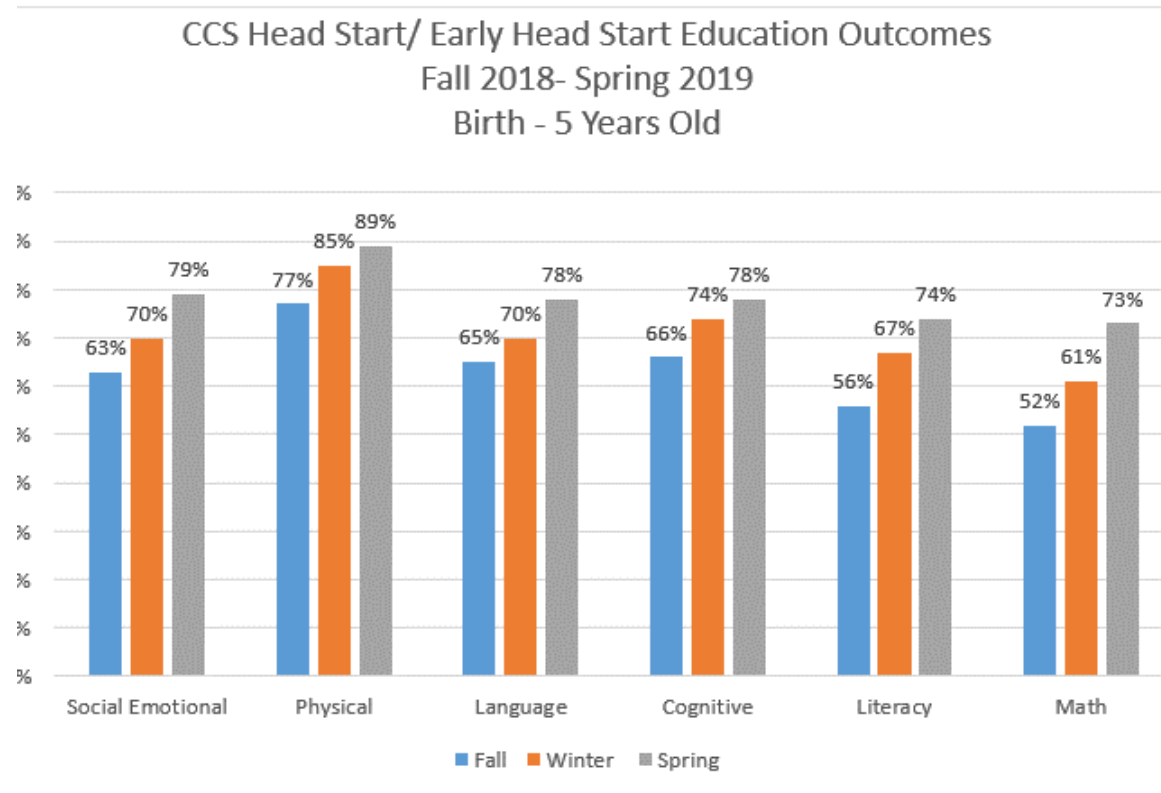
The Office of Head Start requires that programs assess children’s progress and school readiness using a valid and reliable assessment tool. Teaching Strategies Gold (TSG) assessment system is our adopted tool for assessment in combination with the Creative Curriculum. According to Teaching Strategies, “widely held expectations” for children have been determined by researchers. This allows teaching staff to see what skills children demonstrate according to their age in comparison to their age expectations. Teachers and parents use this information to set goals for children, as well as help the program provide staff with training and resources.

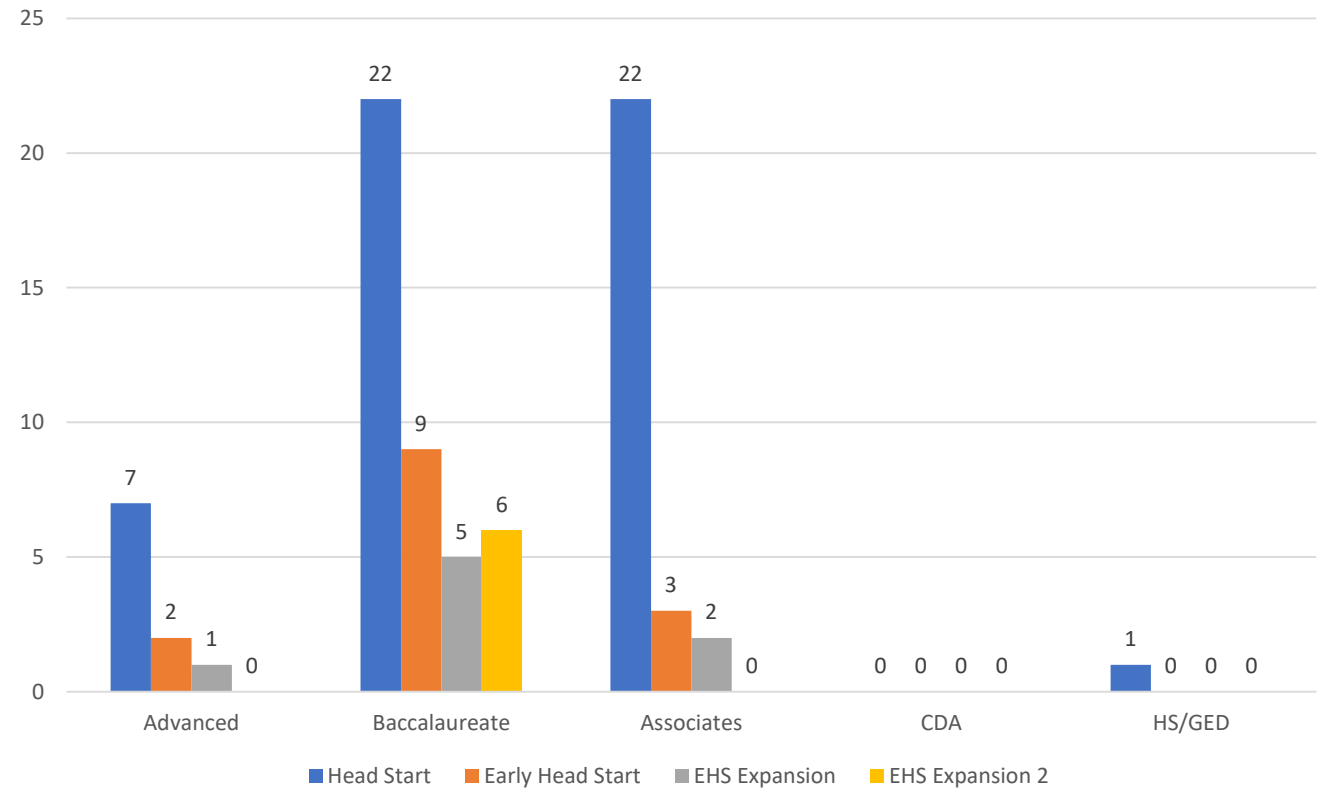
Below shows the 2018/2019 school year’s assessment data for children age 4-5 at the Fall, Winter, and Spring checkpoints indicates the percentage of children meeting or exceeding their age expectations. Gains were made in all areas of development with Literacy and Math showing the highest gains at an increase of over 30% of children meeting or exceeding their age expectations in each area. These results indicate children build school readiness skills throughout their enrollment and leave Head Start ready for kindergarten.



# Child Outcomes Program-Wide

Here a second graph shows the 2018-2019 school year's assessment data for the program, including all children ages birth to five. Steady growth is shown in all areas of development with Mathematics showing the highest gain from Fall to Spring assessment. Results reflect ongoing support of Kindergarten readiness from birth through entry into kindergarten.





## Education Staff Qualifications

## Head Start/Early Head Start Grant # 10CH010237

Reflects Program Year 03 budget period September 2018-August 2019

### Funding

Federal DHHS: Head Start/Early Head Start	\$ 13,531,147
Local Student Government	128,397
Local Child Care/Other	1,232,842
	<u>14,892,386</u>

### Budget Expenditures

Personnel	6,265,258
Fringe Benefits	2,833,948
Travel	29,749
Equipment	91,413
Supplies	512,470
Facilities/Construction	376,158
Other	1,110,909
Indirect Costs	1,023,898
	<u>12,243,803</u>

Unobligated Balance of Federal Funds on Final SF-425 2,648,583

1 Reprogram of Unobligated Federal funds from Program Year 03 to Program Year 4 has been Requested (881,492)

2 Remaining Unobligated Balance of Federal Funds 1,767,091

1 Requested to complete approved program activities including funding for a major building renovation, new program start-up costs, and costs of services

2 Remaining balance includes fund for a facility renovation at a location to be determined



# Fiscal

## Early Head Start Expansion Grant #10HP0012

Reflects Program Year 04(Final): September 2018-August 2019

### Funding:

Federal DHHS: Early Head Start Child Care Expansion	\$ 1,381,942
Federal DHHS: Carryover Balance from year 3	80,251
Local Student Government	15,330
Local Child Care/Other	530,110
	<u>2,007,633</u>

### Budget Expenditures:

Personnel	1,117,776
Fringe Benefits	469,677
Travel	2,874
Equipment	-
Supplies/Materials: Includes non-consumables	51,359
Other	135,028
Indirect Costs	222,652
	<u>1,999,366</u>

Unobligated Federal Funds on Final SF-425

8,267

Fiscal

## Early Head Start Expansion Grant #10CH000088

Reflects Program Year 02: September 2018-August 2019

### Funding

Federal DHHS: Early Head Start Child Care Expansion	\$ 2,740,290
Local Child Care/Other	235,153
	<u>2,975,443</u>

### Budget Expenditures

Personnel	674,657
Fringe Benefits	286,963
Travel	2,362
Equipment	6,547
Supplies	101,032
Facilities/Constructions	793,643
Other	86,970
Indirect Costs	104,660
	<u>2,056,835</u>

### Unobligated Federal Funds on Final SF-425

918,609

<sup>1</sup> Reprogram of Unobligated Federal funds from Program Year 02 to Program Year 03 has been Requested

(918,609)

Remaining Unobligated Funds Program Year 02

-

<sup>1</sup> Requested to complete approved program activities including funding for a major building renovation, new program start-up costs, and costs of services

Fiscal