DTA Distribution Areas	Distribution Area Outcomes
Communication	Create, organize, present, and adapt effective verbal and nonverbal messages to diverse audiences in diverse contexts
	Explain the active listening process and the skills necessary to understand verbal and nonverbal information
	Demonstrate the ability to critically think: summarize, interpret, and evaluate written discourse
	Write clear, well-focused and well-organized papers using documentation
	Select and integrate textual evidence within academic essays
	Create expository essays using traditional academic forms and standards
	Appropriately use college-level language skills, i.e., grammar and punctuation
QSR	Recognize a problem and identify the information required to solve it
	Develop and apply appropriate algebraic models (e.g. numerical, graphical and symbolic) to obtain a solution to the problem
	Explain the process of reasoning used to arrive at the solution
Humanities	Demonstrate, in writing or verbally, awareness that different contexts and/or world views produce different human creations
	Identify and explain diverse cultural customs, beliefs, traditions, and lifestyles
	Identify ideologies, practices and contributions that persons of diverse backgrounds bring to our multicultural world
	Use evidence or sound reasoning to justify a position
Social Sciences	Describe the methods used for conducting research within the various disciplines of the social sciences
	Evaluate the credibility of information regarding topics within the social sciences and differentiate between information derived from empirical
	sources and information derived from opinion, folklore, and/or emotions
	Identify the impact of social, cultural, historical, political, geographical, and/or religious factors on behavior
	Express increased engagement and confidence in the ability to apply course material for the purpose of improving self, relationships, community,
	society, and/or the world
Math and Science	Select, use, or develop an appropriate model including numerical, graphical, or symbolic representations
	Use evidence or sound reasoning to justify a position or draw conclusions using appropriate terminology and symbolism
	Demonstrate laboratory skills including making qualitative and quantitative observations about natural systems
	Ascertain and critically evaluate the interrelationships within complex systems
Health	Our students will be able to develop an appreciation of physical activity as a lifelong pursuit and means to better health.
	Our students will be able to recognize the physical and mental benefits of increased activity.
	Our students will be able to examine the effects of nutrition, rest and other lifestyle factors that contribute to better health.
	Our students will be able to demonstrate motor skill performance of various physical activities.
	Our students will be able to utilize physical activity as a tool to manage stress.
	Our students will be able to define the various health components of fitness and determine the lifestyle factors for development of physical fitness and training
	strategies.
	Our students will be able to identify common health and fitness myths and trends involved with the evolving nature of physical education.