



Community Colleges
of Spokane

**Spokane County Head Start/ECEAP/Early Head Start
NUTRITION INFANT MEAL RECORD: 6-11 MONTHS**

Site: _____

Class: _____

Name of Infant: _____ Birth Date: _____ Month/Year: _____

Write food offered to infant in appropriate box.

6 THROUGH 11 MONTHS	BREAKFAST			AM SNACK	LUNCH			PM SNACK
	IFIF and/or B Milk 6-8oz	IFIC 0-4 T and/or Meat/Alt 0-4 T	Fruit and/or Veg 0-2 T	IFIF and/or B Milk 2-4oz F/V 0-2 T Grain 0-2 T or 0-1/2 slice or 0-2 crackers	IFIF and/or B Milk 6-8oz	IFIC 0-4 T and/or Meat/Alt 0-4 T	Fruit and/or Veg 0-2 T	IFIF and/or B Milk 2-4oz F/V 0-2 T Grain 0-2 T or 0-1/2 slice or 0-2 crackers
DATE				IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____

Write food offered to infant in appropriate box.

	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____
	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____	IFIF/B Milk			IFIF/B Milk F/V _____ Grain _____