

	BIRTH THROUGH 5 MONTHS	6 THROUGH 11 MONTHS
Breakfast/Lunch/Supper	4-6 fluid ounces breastmilk or formula	6-8 fluid ounces breastmilk or formula; AND 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or 0-2 ounces of cheese; or 0-4 ounces (volume) of cottage cheese; or 0-4 ounces or 1/2 cup of yogurt; or a combination of the above; AND 0-2 tablespoons vegetable or fruit, or a combination of both
	BIRTH THROUGH 5 MONTHS	6 THROUGH 11 MONTHS
Snack	4-6 fluid ounces breastmilk or formula	2-4 fluid ounces breastmilk or formula; AND 0-1/2 slice bread; or 0-2 crackers; or 0-4 tablespoons infant cereal or ready-to-eat breakfast cereal; AND 0-2 tablespoons vegetable or fruit, or a combination of both

Keep this form on file to support the monthly claim.

Instructions: Complete this form for each infant and update as needed.

Reminders:

Record a meal or snack when:

- Center supplies all components
- Parent/guardian supplies only 1 component
 - Expressed breast milk is only component
 - Parent supplies breast milk or IFIF and center provides all other foods

Do not record a meal or snack when:

- Parent/guardian supplies more than one component
 - Center supplies infant cereal and parent supplies breast milk and fruits
 - Center supplies formula and parent supplies all other foods

Remember:

- Only 2 meals and 1 snack OR 1 meal and 2 snacks can be claimed per infant, per day.