



Spokane County Head Start/ECEAP/EHS Monthly In-Kind Home Learning Plan - Preschool

"A Parent is a Child's First and Most Important Teacher"

Child's Name: _____ Month & Year: _____

Goals from CIP: _____

See suggested learning activities on back

Please record how many minutes you spent supporting your child's learning each day:
5 minutes, 10 minutes, 15 minutes...

**Staff use
only**

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	Total Minutes

Comments: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	Total Minutes

Comments: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	Total Minutes

Comments: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	Total Minutes

Comments: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	Total Minutes

Comments: _____

Monthly Total Minutes

Parent signature: _____ Date: _____

Parent Name (Printed): _____

Home Learning Hours:
(Completed by staff) _____

Site/Room: _____ Teacher Initials: _____

Child's Name: _____

Connecting Goals to Home Experiences

Parents are the child's first and most important teacher. The goals of the Monthly In-Kind Home Learning Plan are to support you in this teaching role and to build strong connections between home and school for your child.

You and your child's teacher have agreed upon and marked some goal-related ideas for you and your child to do together each day at home. Record the time spent completing the activity when you sign-in your child at school.

<input type="checkbox"/> SOCIAL/EMOTIONAL: Help child feel a part of a group, develop independence, self-control, and have a positive attitude.		
<input type="checkbox"/> Have your child tell about their day at school.	<input type="checkbox"/> Play a game with your child that involves rules and taking turns.	<input type="checkbox"/> Help your child to describe his/her feelings.
<input type="checkbox"/> Organize opportunities for your child to play with others. Then have your child tell about the experience.	<input type="checkbox"/> When expressing yourself, talk about your own feelings.	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Look at family photos together, telling about the people and the events.	<input type="checkbox"/> Have a routine around bed-times.	_____
<input type="checkbox"/> PHYSICAL: Help child increase large and small muscle skills and feel confident about what their bodies can do.		
Large Muscles		
<input type="checkbox"/> Take your child to climb on outdoor equipment.	<input type="checkbox"/> Play ball with your child (catch and throw, kick, bounce, roll).	<input type="checkbox"/> Rake the yard and haul the leaves, etc.
<input type="checkbox"/> Walk, skip, and/or gallop around the block with your child.	<input type="checkbox"/> Play "tag" with your child and others.	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Help your child climb a tree.	<input type="checkbox"/> Jump rope with your child as you say rhymes.	_____
Small Muscles		
<input type="checkbox"/> Cut out pictures from comics or magazines.	<input type="checkbox"/> Help your child practice zipping, buttoning, and snapping fasteners when he/she dresses themselves.	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Build Legos together.	<input type="checkbox"/> Work puzzles together.	_____
<input type="checkbox"/> Spend time creating a pictures using drawing and/or coloring materials.	<input type="checkbox"/> Make play dough with your child and experience it together.	
<input type="checkbox"/> COGNITIVE/THINKING: Help child develop learning skills such as solving problems, asking questions, and trying out their own ideas.		
<input type="checkbox"/> Play dress-up with your child.	<input type="checkbox"/> Have your child help sort socks and fold the laundry.	<input type="checkbox"/> Choose, share, and talk about books.
<input type="checkbox"/> Sing songs and share nursery rhymes together.	<input type="checkbox"/> Together, play number and counting games using items like rocks, buttons, toothpicks.	<input type="checkbox"/> Watch a TV show together and then talk about it.
<input type="checkbox"/> Have your child identify household objects.	<input type="checkbox"/> Follow directions in a recipe that calls for adding ingredients by teaspoons, cups, etc.	<input type="checkbox"/> Let your child help with the grocery list, then go shopping for those items.
<input type="checkbox"/> Talk about changes in plants, people and things outside as seasons change.	<input type="checkbox"/> Have your child identify traffic signs and stores names.	<input type="checkbox"/> Other: _____
