

Dear Parent/Guardian,

Your child _____ sustained a head injury at school today and has been monitored since the accident and we have not identified anything that caused concern up to the time of them going home. You have been offered a printed summary of the incident. The following is some additional information for you regarding head injuries.

If there are any changes in your child's condition call your pediatrician right away. If you have any questions or concerns you are encouraged to contact your pediatrician's office.

If any of the following symptoms are present you should call 911 for immediate help.

- Loss of consciousness (even for a short time)
- A constant headache that gets worse
- Slurred speech or confusion
- Dizziness that does not go away or happens repeatedly
- Extreme irritability or other abnormal behavior
- Vomiting more than 2 times
- Stumbling or difficulty walking
- Oozing blood or watery fluid from the nose or ears
- Difficulty waking up
- Unequal size of pupils (the center dark part of the eyes)
- Unusual paleness
- Convulsions
- Difficulty recognizing familiar people

Adapted from the American Academy of Pediatrics Minor Head Injuries in Children Reviewed 8/25/17

by Registered Nurse Consultant HS, EHS