



Spokane Colleges Head Start and ECEAP Nutrition Learning Experience

Team _____ Site/room _____ Date needed _____
Date submitted _____ What are you making? _____
What meal/snack will this be a part of: ☐ Breakfast ☐ Lunch ☐ Supper
☐ PM snack ☐ None (*If none, must use classroom budget funds*)
Numbers to plan for: Infant/toddler _____ Preschool _____ Adults _____
Is this harvest-of-the-month food? ☐ Yes ☐ No
Will this be procured from a Washington farm/orchard? ☐ Yes ☐ No
Ingredients/supplies needed: (*If unusual, include where to purchase.*)

Cook can purchase local food through a vendor with two weeks' notice. Anyone can buy Washington-grown produce from a farmers' market with the correct paperwork in place. Contact the Nutrition Specialist.

BRIEFLY DESCRIBE

1. Procedure of experience (*how children are involved*):

2. Parent(s) involved/consulted (*include cultural focus if relevant*):

3. USDA quantities—**kitchen completes amount provided:**

Fluid Milk _____	Meat/Meat Alternate _____
Fruit _____	Vegetable _____
Grain _____	Other _____

Nutrition Specialist Approval _____ (Signature) _____ (Date)

Washington Grown Food? ☐ Yes ☐ No

USDA Eligible Good? ☐ Yes ☐ No

Budget Coding _____

Copy to: ☐ Kitchen (if providing food) ☐ Nutrition Specialist ☐ Transaction Log